

Youth Red Cross Cell
Session 2018-2019

Date	Activity	Participants/ Benefitted
20 th to 21 st July 2018	Enrollment process & Orientation Session	Entire college
12 th August 2018	International Youth Day was celebrated by organizing Essay Writing & Slogan Writing Competitions on the topic "Youth is the Energy of the Nation, the Future of the Country".	Garima , BA-II (1 st) Nancy, BA-II (2 nd) Ankita, B.Voc. (3 rd) Jyoti, BA-II (2 nd) Kavita, BA-III (1 st) Chailsiya, BA-III (3 rd)
19 th Sep. 2018	Swacch Bharat Abhiyaan by observing a Rally	Entire college
24 th Sep. 2018	Rally on "Say No to Plastic"	Entire College
10 th Dec. 2018	World Human Right Day: A talk by Dr. Parmila, Assistant Professor in Kanya Mahavidyalaya Kharkhoda on Human Rights	54
24 th Dec. 2018	Extension lecture on Sexual Harassment at Workplace by Women Cell Incharge Dr. Parmila, Assistant Professor in Kanya Mahavidyalaya Kharkhoda. Students were made aware regarding exploitation and harassment and learnt how to tackle this problem.	50
04 th Feb. 2019	Awareness Programme on HIV /AIDS by giving a motivational speech by Dr. Namita, Assistant Professor in Kanya Mahavidyalaya Kharkhoda to raise awareness regarding the deadly disease.	55
26 th Feb. 2019	Participation in University level Workshop at MDU, Rohtak on Health and Hygiene (Pain Management)	Garima, Nancy, Komal, Jyoti
6 th to 15 th April 2019	Social Awareness Week Observed. Various issues like Blood Donation, Safe Drive, Healthy Diet, Women Safety were raised during this Social Awareness Week. During this week students established a bonding between community on different issues and raised awareness.	Entire College
22 nd April 2019	Pledge was taken on Earth Day to Save Environment.	Entire College
08 th May 2019	Youth Red Cross Day: Pledge for Blood Donation.	50
4 th to 10 th June 2019	Attended 7 Day State Level Health Awareness Camp sponsored by MDU Rohtak at Mussorie (UK). This camp motivated students to develop team spirit.	Dr. Seemant (Counsellor) Sunaina, Gunjan (Students) Report Attached



Social Awareness Week

Participation in State Level Health Awareness Camp at Mussorie



Swachhata Abhiyan

Report of Seven day State Level Health Awareness Camp sponsored by MDUYRC, Rohtak at Mussorie

Report on Health Awareness Camp

4th June 2019 to 10th June 2019

Youth Red Cross M.D.University Rohtak organised a 7 day Health Awareness Camp at Mussorie, Uttarakhand from 4th June 2019 to 10th June 2019. This camp was coordinated by Professor Randeep Rana, field coordinator Dr. R.S. Mor, counselors Dr. Seemant and Dr. Urmila Hooda. They refreshed the participants on different issues like blood donation, first aid, road safety, female foeticide, balanced diet etc. There were 27 participants representing youth red cross across the M.D.University Rohtak. This camp emphasized a lot on practical theory. Students visited eminent institutes like Lal Bahadur Shastri Academy of IAS Trainers, IMA Dehradun which motivated them to set a high goal in life. The latest methodology was shared for imparting techniques used in emergency first aid by Dr. Saini. Watchful eyes of incharges were regularly monitoring the performance of participants through various activities like group song, group dance, solo dance, poetic recitation, declamation, games, skit etc. All the winners were given away prizes in the valedictory session. Great personalities like Dr. Ansari and Dr. Paul , State Secretary Red Cross, Uttarakhand visited youth hostel during this camp and gave word of appreciation to the organizers and the talent of students. Participants also interacted some villagers in Dhanolti and Bhattafall and tried to understand the problems of high altitude villages. Rallies were also observed in these villages on issues like Beti Bachao, Beti Padhao and Swacch Bharat. The rally succeeded in evoking huge response from the local people. The incharges

reiterated the participants regarding Government commitment to promote women empowerment through many policies and inspired them to be independent in life through education.

Coordinator Prof. Randeep Rana's initiative to organize this camp benefitted the girls students to take practical knowledge in every walk of life. Field coordinator tried all his efforts to make this camp a grand success by organizing each and every plan. These kinds of camp should be organized from time to time to inculcate a feeling of leadership, fraternity among students.

Dr. Seemant

Assistant Professor

Kanya Mahavidyalaya Kharkhoda

Dr. Urmil Hooda

Assistant Professor

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