

Industrial Training/ Field Visit/Project Work (2016-2017)

Sr. No	Name of organization	Date of visit/year	No. of Students	Nature of Visit	Objectives	Outcomes	Department
1.	Patanjali Yogagram, patanjali yogpeeth. Haridwar	10/10/2016 to 13/10/2016	25	Industrial /Field Visit	<ul style="list-style-type: none"> The aim of industrial visit is to provide an exposure to students about practical work environment. They also provide students a good opportunity to gain awareness about industrial practices. 	<p>Students gain comprehensive theoretical and practical knowledge.</p> <p>Helpful in getting job in field of physiotherapy, naturopathy and hospitality.</p>	Sports, Nutrition's, Physiotherapy, Catering Technology & Hotel Management
2.	One day visit International Food Fair (Aahaar) New Delhi	10/03/2017	22	Industrial /Field Visit	To gain awareness about industrial practice and latest technology	Visiting different companies actually helps students to build professional contacts and an introduction to the latest technology	Sports, Nutrition's, Physiotherapy, Catering Technology & Hotel Management
3.	Diwali fest	27/10/2016	12	Project (Event management)	Managing traditional cultural events, with increasing community participation in current, cultural trends and training in event	Build confidence and experience to manage an event independently.	Catering Technology & Hotel Management, Sports, Nutrition's, Physiotherapy

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DIWALI FEST

27/10/2016

27 October, 2016 को 'कन्या' महाविद्यालय खरखोटा में CTMM में दीवाली फेस्ट का आयोजन किया गया। इस कार्यक्रम का शुभारम्भ खरखोटा ब्लॉक के SDM Mr. Rajiv Arora ने दीप जला कर किया। दीवाली फेस्ट के शुभ अवसर पर Apparel & Dress Designing के Students द्वारा decorated Diyas की Sale लगाई गई जिसे SDM, College Management Committee तथा College Staff द्वारा खूब सराहा गया। इस अवसर पर CTMM के Students द्वारा विभिन्न लजीज व्यंजन तैयार किए गए। उस दिन बनाए गए व्यंजनों में Tomato Tuls, Sorbha, Laccha Salad, Roasted Papad, Bundi Raita, Beat Root Rice, Panchmel Daal, Puri, Mix Veg and dessert में Corn Kheer तैयार की गई।

दीवाली फेस्ट के इस शुभ अवसर पर कॉलेज की नवनिर्वाचित प्रबंधन समिति के अध्यक्ष श्री वैद्यप्रकाश दीक्षा, उपाध्यक्ष श्री वैद्यपल दीक्षा, मुख्य सचिव श्री धर्मपाल राठिल्ला, सहसचिव श्री कुलदीप दीक्षा तथा खंजानी श्री अरुंधार भी मौजूद रहे। कॉलेज प्राचार्य को सुरेखा बरा तथा B.Voc की Nodal officer ने प्रबंधन समिति के सदस्यों का स्वागत किया। B.Voc CTMM के Students द्वारा बनाए गए व्यंजनों का उत्तम कॉलेज परिवार के सभी सदस्यों द्वारा उठाया गया।

Lunch के पश्चात दीवाली के मौके पर CTMM के विद्यार्थियों द्वारा फूलझड़ी का प्रबंध किया गया। यद्यपि कॉलेज परिवार दीवाली पर पटाखे जलाकर मद्रुवण मेलाने के पक्षधर नहीं पर Students की Request पर फूलझड़ी जलाकर इस अवसर पर दीवाली मनाई गई।

CTMM के विद्यार्थियों ने दीवाली फेस्ट का सफलतापूर्वक आयोजन किया। Event management का यह उत्तम पहला अनुभव था जो अत्यंत सुखद रहा।

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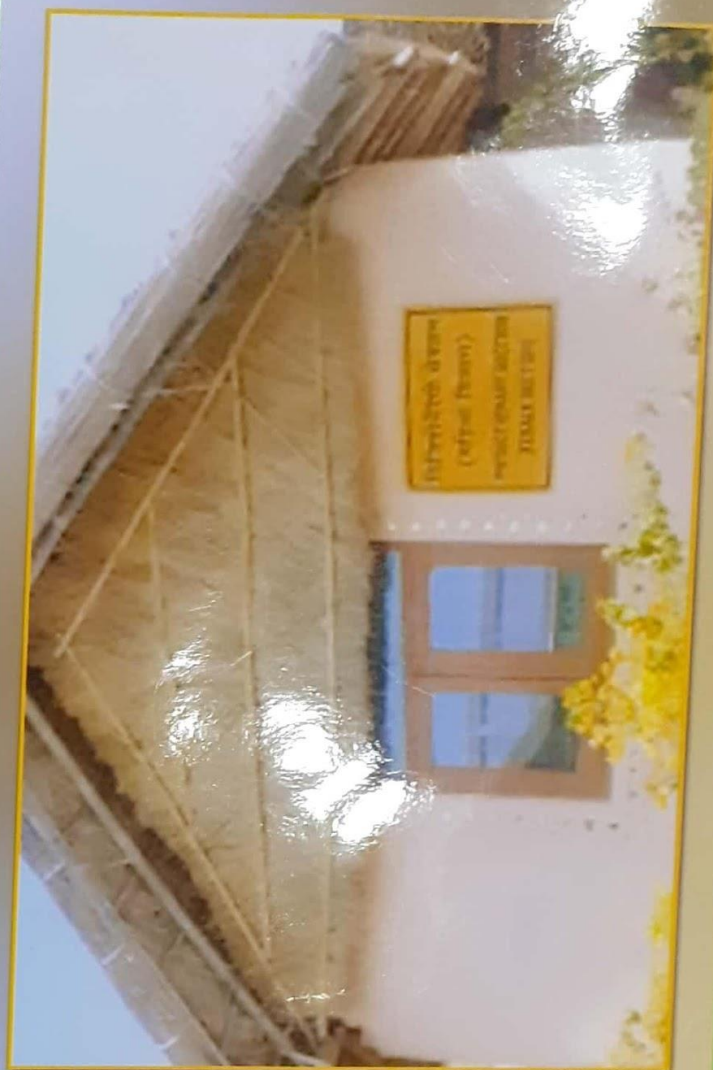
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Report of tour (10-13 Oct 2016) to Patanjali
Yogapeeth & Yogagram (Rishikesh)

A visit/tour to Patanjali Yogapeeth & Yogagram Uttarakhand was organised by Nodal officer Dr. Yogita for the Students of Three years degree Programme B.Voc in Sports Nutrition & Physiotherapy. It was an educational cum refresher tour from 10th Oct 2016 to 13th Oct 2016. A group of 30 members including all the students of Physiotherapy, Nodal officer of B.Voc Dr. Yogita, Assistant Professor Dr. Sumita, Assistant Professor Meenakshi, Dr. Asha Khatri, Assistant Professor of Physiotherapy Mrs. Suman. On 10th October in the evening College bus with 30 members went to Haridwar. First of all, we went to a guesthouse and took rest. ^{Next day} Early in the morning we went to Har Ki Padi, it was Ganga Ghat where we all had a bath and all our ~~filthiness~~ ^{filthiness} was vanished. After that we went to Rishikesh and then we walked upon Lakshman Jhula and Ram Jhula. In Rishikesh the flow of Ganga's water was very high which is perfect for rafting so, we all decided to do rafting. We all enjoyed a lot in doing rafting. Then we stayed in guesthouse (where we had ~~wood~~ ^{wood} ~~rooms~~ ^{rooms}) at night. On the third day we went to Patanjali Yogapeeth where the students learnt many things about yoga and saw many useful medicinal plants grown there. There was a person who

told the students about kinds of yoga and their uses. Students & staff also visited the Book store inside the Yogpeeth. There, they read and purchased books on Nutrition & yoga. We also came to know that time to time yoga camps were organised here for treatment of different kind of Health Problems. The person who was our guide also informed us that here operations for different health problems are done through natural medicines or ingredients one done through natural/herbal products from after buying some natural/herbal products from there we moved to Yogagram. When our bus was going through the forests it was great to see the nature. The environment was very calm. Patanjali Yogam is situated at very calm place. Mr. ~~Bendit~~ ^{Bendit} Sharma took our group to that area of Yogagram where different types of Physiotherapy treatments are given. Few treatments were demonstrated to the students. The treatments available there include Hydrotherapy, Mud therapy, Sun therapy, Aerotherapy, open air space therapy, Acupuncture & Acupressure, Pyramid therapy, Ozone Steam Sauna Bath, water wave massage bath, whirlpool bath, Ozone bubble massage & water wave massage bath, Circular Jet massage, Hydro Jet Spray Bath or Douche bath, Circular Sprinkler Shower Bath, Physiotherapy Section - Electro-Physiotherapy (short wave diathermy, muscles stimulator, ultra-sound therapy, ultra violet, infrared light) etc. Body fitness section was also there. Students were very happy to see the things in front

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पंतजलि
योगाग्राम

10-13
October, 2016

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One day Trip to Aahaar' Food Fair Held at Pragati Maidan Delhi 10/03/17

A one day trip to Aahaar International fair at Pragati Maidan ^{Delhi} was organised by CTHM department. All students of B.VOC CTHM along with staff visited this fair on 10th March 2017. From all kinds of appliances (Baking & cooking) utensils to sugar free cakes, organic vegetables, Oil free cooking, the fair had lot to offer. Many things were there to learn for ex. how to decorate cakes. Professionals & International chefs were there who were demonstrating cooking & baking. Ready to eat items were on display but not for sale. Furniture (Restaurant, hotel & home), Hairery items (towels, bed sheets, Aprons, chef coats), Cutlery and Culinary (glasses, plates, knives, choppers, veg cutters etc) Toiletries etc. Students of CTHM learn many new things about their area of study i.e. CTHM. They also purchased some small and valuable items of cooking & baking. They also came to know what type of and advanced machines are ^{being} used in industry. Commercial



visitors included Assistant Professor ant, Nodal officer she khatri.

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