**Report of Activities of Entrepreneurship Development Programme (Session 2019-2020)** 

**Number of Students Enrolled-18** 

Incharges: Dr. Namita and Ms. Savita

The Entrepreneurship Development Programme was started in college as a Value Added Course under Commerce Department from the academic session 2019-20. It has been conducting the various entrepreneurship development programmes in order to promote and inculcate the entrepreneurial skills in the minds of young students. It also concentrates on the

rural fronts so as to develop the potential of the rural youth and revamp their traditional mindset.

**ACTIVITIES CONDUCTED:** 

1. Entrepreneurship education was provided with the help of curriculum drafted for the purpose.

2. One Workshop on 'Survey and Collection of Data' was organized to apprise students about the methods of collecting Data for Business Plan on 15<sup>th</sup> February 2020 by Dr. Parmila

Assistant Prof of Commerce in Kanya Mahavidyalaya Kharkhoda.

3. Guest lecture on 'Advancing Entrepreneurship Education for Inspiring Young People' was

organized on 25th February, 2020. Dr. Jyoti Chahal, Assistant Prof at Govt. College, Gohana

was the Resource Person.

4. Intra institutional competitions on Innovative Business idea and Innovative Business plan

was organized on 3<sup>rd</sup> March 2020 wherein students came out with the creative and unique

Business ideas.

5. On line videos and PPTs were shown to students to upskill them on Entrepreneurship.

6. Presentations were given by students on SWOC analysis of their Business Plan.





**Students Presenting Innovative Business Ideas** 

#### **Department of Commerce**

#### **Annual Report**

## (Session 2015-16)

- An Invited talk on 'Mutual fund Investment' was organized on 6<sup>th</sup> November 2015.
   Mr. Shashank (Manager Retail Sales, Edelweiss Mutual fund) apprised students about Investment in Capital market in general and risks associated with it and Investment in mutual funds in particular.
- 2. Essay Writing Competition on 'India's Role in Changing Global Scenario' was organized on 16<sup>th</sup> Nov. 2015.
- 3. On 11-12 February 2016, Two Days workshop on "Statistical Tools with MS- Excel" was organized Dr. Asha Chawla, Associate Prof. GVM Girls College; Sonepat acted as Resource Person and guided students in becoming a good researcher.
- 4. On 8<sup>th</sup> March 2016 Debate Competition on 'Effect of Budget on Common Man' was organized. Twenty students participated in it.
- 5. One day National Seminar sponsored by DGHE on 'Emerging issues in Financial Sector' was organized on 15<sup>th</sup> March 2016. Financial Inclusion, NPAs in Banking Sector, Capital Market etc were the issues which were widely discussed in Seminar.
- 6. On 19<sup>th</sup> March 2016 an Extension Lecture on 'Saving and Investment' was organized. Sh. Rajroop Chahal, Associate Professor, CRA College; Sonipat acted as speaker.
- 7. To increase creativity & presentation skills among students an activity on "AD-MAD" show was organized for UG & PG students on 11<sup>th</sup> April, 2016.

## **Photo Gallery**







## **Department of Commerce**

## **Annual Report**

## (Session 2016-17)

- 1. Workshop on Tally Accounting was organized 12<sup>th</sup> November 2016. Dr. Ramesh Assistant Prof. in Computer Science was the Resource Person.
- 2. An activity on 'Analysis of Budget' was organized on 15 students spoken on different aspect of Union Budget on 3<sup>rd</sup> Feb. 2017.
- 3. Debate on 'Demonetization in India' will be organized on 11<sup>th</sup> Feb. 2017, Seven Teams Participated in the event.
- 4. On 6<sup>th</sup> April 2017, Students of UG and PG visited ZTE Telecom India Pvt. Ltd. Gurugram to get to know about the working of this Telecommunication.
- 5. One Day Workshop on 'MS Excel' was organized on 8<sup>th</sup> April 2017 for faculty and for P.G final year students. Dr. Priti Sharma, Assistant Prof. in Commerce, MDU Rohtak was the resource Person.

## **Photo Gallery (Session 2016-17)**





#### **Department of Commerce**

#### Session 2019-2020

Education of Commerce is that area of education which develops the required knowledge, skills and attitudes for the successful handling of trade, commerce and industry. A student-centric, participatory teaching-learning environment has been adopted by the Department of Commerce of Kanya Mahavidyalaya Kharkhoda to assure the students of optimal educational benefits to make them employable and moulding women of character. Our student Rashmi of M.Com, Final brought accolades to the college by achieving 1st position in the University merit list.

## **Activities of the Department for the Session 2019-2020**

On the eve of Teej festival, Talent search programme were organised on 2<sup>nd</sup> August, 2019. Students of Commerce participated in different competitions like Rangoli Sajao, Mehandi Rachao, Poster Making, Painting, Folk dance and Songs, Declamation, Debate etc. Event was marked with great enthusiasm, zeal and fervour.



Celebration of Teej Mahotsav in full swing

## **Small Scale Industries' Day Celebration**

'Small Scale Industries Day' was celebrated by Commerce Department on 30.08.19. Some students of the department apprised others in detail about the meaning, exports, employment generation and impetus being given by govt. for SSIs. In the end Principal Dr. (Mrs.) Suresh Boora appreciated the department for organising the activity in the interest of students and motivated for taking the advantage of technology, explore more and more opportunities in the arena of starting their own businesses and be employment giver and not the seeker. 125 students participated in this event.





Celebration of Small Scale Industries' Day

## **Celebration of Teachers' Day**

Teachers' day was celebrated to mark the respect of students towards their teachers.





Staff and students enjoying Teacher's Day Celebration (5<sup>th</sup> September, 2019)



Teachers enjoying the moments on Teachers' Day

## **National Sports Day Celebration (30-08-19)**

Faculty and students participated in great numbers with good zeal and enthusiasm in National sports day.



Teachers' and Students' Participation in Sports' Day





Teachers' Participation in Tug of war & Winning side in jubilant mood

## **Declamation Competition**

A district level inter college Declamation competition sponsored by Nehru Yuva Kendra, Sonipat was organised in the college on 16<sup>th</sup> November, 2020. Dr Namita was the convener and 56 students participated in the event.





Organisation of Declamation Competition sponsored by Nehru Yuva Kendra, Sonipat

## **National Girl Child Day Celebration**

On 24<sup>th</sup> January, 2020 National Girl Child Day was celebrated with the intention to create awareness and consciousness among students regarding health, education and other rights of girl child and women. Dr Parmila organised the event. Principal Dr (Mrs) Suresh Boora encouraged students by saying that today women are making important contributions in every walk of life. She reiterated that they should raise voice against gender discrimination and become strong.



Planting of saplings to observe National Girl Child Day

## **Blood Donation Camp**

On 26th January, 2020 Blood donation camp in association with NGO 'Deshbandhu' and Kharkhoda Market association was organised by college in the main heart of city Kharkhoda. Objective was to create awareness regarding donating of blood amongst the masses. Sudents took out the rally. More than 100 units were collected in the Students also worked as volunteers in the camp.





Organisation of Blood Donation Camp



Donation of Blood by Staff and Teachers

On 1<sup>st</sup> February, 2020 Commerce and Economics Students watched live telecast of Union Budget 2020 being presented by our Hon'ble Finance Minister.



Teachers and students watching the live telecast of Union Budget 2020-21

## **Review of Union Budget-2020**

Union Budget 2020 was reviewed by the students of Commerce and Economics on 3<sup>rd</sup> February, 2020. Students discussed allocation of expenditure to various sectors as envisioned in the budget, their impact on economic development of the nation, differences in individual tax liability in old and new regime and other important highlights of the budget. 25 students participated in the event.



Review of Union Budget by Commerce Student

## Workshop on Research Methodology

On 09-01-2020 a research methodology workshop for all P.G. students was organised. Dr Priti Sharma, Assistant Professor in Department of Commerce, MDU Rohtak acted as the resource person. She elaborated on the topic 'How to identify appropriate Topic'. 60 students participated in it.

#### 'Logo Making Competition'

On 10<sup>th</sup> February, 2020 Commerce Department organised 'Logo making Competition' for U.G students of commerce. The objective was to increase creativity, innovativeness and professionalism among students. **130 Participants** portrayed their unique logo designs on charts which were judged by faculty members. Prizes were also given to winners by Principal Dr. (Mrs) Suresh Boora.



Students showing their creativity in Logo Making Competition

## 'Presentations on E- advertising'

Commerce Department organised competition for PG students on 'Presentations on E-advertising' on 12<sup>th</sup> February, 2020. Students demonstrated their ideas of creating impact in the minds of prospective customers by different online modes trough their power point presentations and best three presentations were rewarded and all participants were appreciated for the hard work they put in.



Presentation by Students in E-Advertising competition

## 'Innovative Business Plan Competition'

13<sup>th</sup> February, 2020, to enrich learning experience, Department of Commerce organised Innovative Business Plan Competition' for the students of B.Com II and B.Com III. Students pitched their unique start up ideas. They showed their entrepreneurship initiatives like opening of Boutique, Travel agency, Book store etc. Best three ideas selected were given by Ms Asha, Ms Ankita and Ms Vidhi.

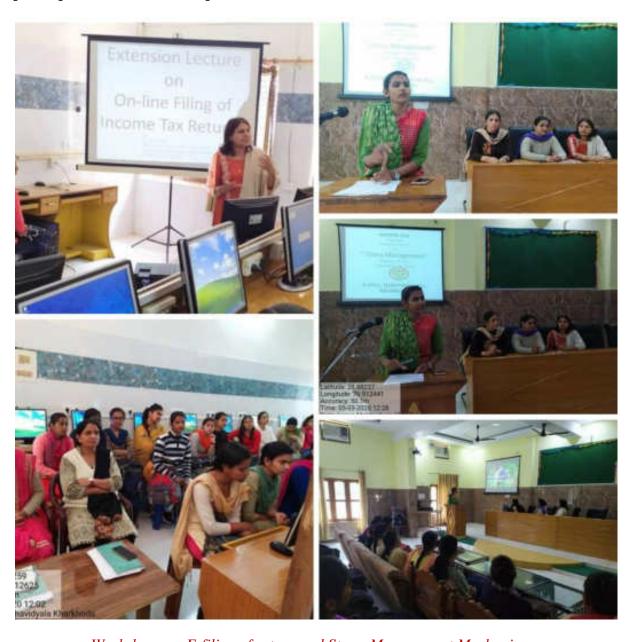




Presentation of unique ideas by students in Innovative Business Plan Competition

## One Day Workshop on E-filing & Stress Management

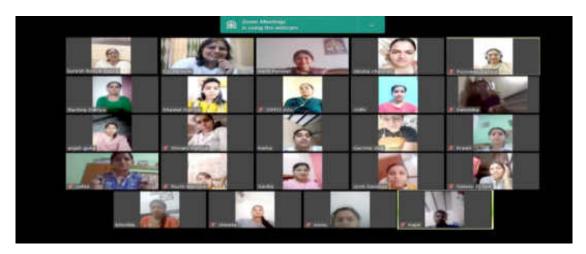
In One day workshop Dr Parmila made students understand how to file Income tax return online on 5<sup>th</sup> March, 2020. She emphasized on earn while they learn. **55 students participated in this workshop.** 



Workshops on E-filing of return and Stress Management Mechanisms

## World Earth Day (22<sup>nd</sup> April)

To create awareness for environmental protection and saving earth to protect it for coming generations, World Earth Day was organised wherein slogans were made by students and an online quiz was also organised under the inchargeship of Dr. Parmila.



Students participating in E Quiz on World Earth Day



Organisation of Online Inter College Competitions by faculty of Commerce



#### **National Level Competitions 2020**

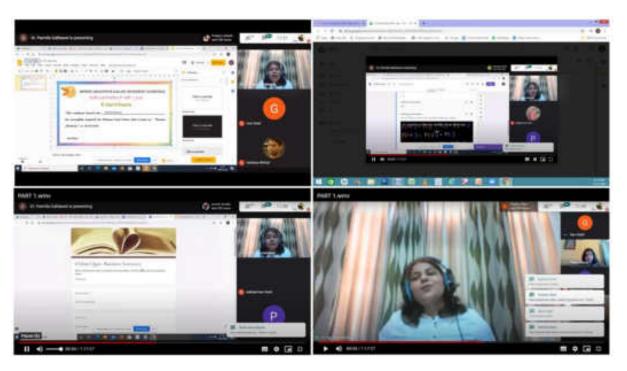
Video presentations on "Stay Fit, Stay Positive and "Folk Haryanvi Dance Competition was organized by Department of Commerce in second week of May 2020. 60 students from different colleges participated in it. Cheers to the spirit of participants expressing themselves through these activities of staying connected while keeping social distance.





Organisation of another Online Inter College Competition by Department of Commerce

30<sup>th</sup> May, 2020 our faculty in Commerce Department Dr. Parmila (HOD) acted as resource person in E workshop organised by BPSMV Khanpur Kalan on "Research Methodology and Data Handling Techniques". She delivered on the theme 'Generating E-Certificates and creating On line Quiz'. While manifesting this E-learning tool she emphasized for its usefulness a technique for assessment in the hands of teachers in the present scenario for integrating traditional teaching methods with the new Techniques.



Dr Parmila, Faculty in Commerce acted as resource person in National level workshop

# International Webinar on the theme 'Stress Management Mechanisms in present scenario'

13<sup>th</sup> June, 2020 One day International Webinar on the theme 'Stress Management Mechanisms in present scenario' was organised by the Departments of Commerce and Psychology. Dr Luxmi Budhwar from Birmingham, U.K. and Dr Neelam Rathi, Associate professor at GCG 11, Chandigarh were the key speakers at webinar. Around 250 participants attended the webinar.

# National Webinar on the theme "Embracing change and transformation of women for Sustainable Development"

On 14<sup>th</sup> June, 2020 One day multidisciplinary national webinar on the theme "Embracing change and transformation of women for Sustainable Development" was organised by college. Prof Anjana Garg, HOD, Department of Public Administration at MDU Rohtak and Dr (Mrs) Rajesh Hooda, incharge, Department of law at BPSMV, Khanpur Kalan were the speakers. Dr Parmila, Dr Namita both faculty of commerce and Dr Seemant (Deptt of English) were the conveners. 250 participants attended webinar and few of them shared their experiences too to make it a meaningful platform.



Organisation of International & National Webinar

## **Awards & Recognition**



Dr Namita, Faculty of Commerce being felicitated by SDM, Kharkhoda for her contribution in academic and extension activities

Mrs Anita, faculty in Commerce recognised as best counsellor during five days Red Cross Camp being and felicitated by District level Red Cross Society.

Number of awards/medals for outstanding performance in different activities at Inter College/ National/ International level won by the students of Department of Commerce

Year	Name of the award/medal	he National/ International	Event	Student ID number	Name of the Student
2019-20	2 <sup>nd</sup>	National level	Videography Competition	Registration Number: 1517480061 Roll No: 202	Rachna d/o Sh. Rajesh
2019-20	2 <sup>nd</sup>	National level	Photography Competition	Registration Number: 1517480061 Roll No: 202	Rachna d/o Sh. Rajesh
2019-20	1 <sup>st</sup>	State Level	Caption Making	Registration Number: 1517480061 Roll No: 202	Rachna d/o Sh. Rajesh
2019-20	2 <sup>nd</sup>	State Level	Show your Passion	Registration Number: 1517480061 Roll No: 202	Rachna d/o Sh. Rajesh
2019-20	Consolation	National	Cartooning (Lockdown: A blessing in disguise)	Registration Number: 17S7480298 Roll no: 4004	Kiran d/o Sh. Ishwer Singh
2019-20	Consolation	National	Digital Collage Making	Registration Number: 1517480090 Roll no: 209	Namrata d/o Sh. Vinod Kumar
2019-20	2 <sup>nd</sup>	Inter-college	Best Out of Waste	Registration Number: 1917480095 Roll no: 3280820028	Shakshi d/o Sh. Mahavir
2019-20	2 <sup>nd</sup>	State Level	Themeful /Meaningful Messages	Registration Number: 16174801721 60 Roll no: 4004	Sanchika d/o Sh. Naresh

2019-20	Consolation	Inter-college	Poster Making	Roll No 28	Kiran D/o Sh. Devanand
2019-20	Consolation	University Level	College Making	Registration Number: 1517480090 Roll no: 209	Namrata d/o Sh. Vinod Kumar
2019-20	2 <sup>nd</sup> prize	District Level	Declamation Competition	Registration Number: 1917480038	Meenu D/O Sh. Rajkaran
2019-20	2 <sup>nd</sup> prize	State Level	Declamation Competition	Registration Number: 1917480038	Meenu D/O Sh. Rajkaran
2019-20	1 <sup>st</sup> prize	National Level	Video presentation	Registration Number: 1917480055	Shivani D/O Sh. Anil Sharma
2019-20	2 <sup>nd</sup> prize	National Level	Article Writing	C	Ankita D/O Sh. Krishan Lal
2019-20	3 <sup>rd</sup> prize	National Level	Caption Writing	Registration Number: 1817480208 Roll no:62	Savita D/O Sh. Devender Singh
2019-20	3 <sup>rd</sup> prize	State Level	Video presentation	Registration Number: 1917480030 Roll no:10	Kiran Garg D/O
2019-20	1 <sup>st</sup> prize	National Level	Essay Writing		Nisha D/O Sh. Satish Kumar
2019-20	Consolation	National Level	Debate Competition		Nisha D/O Sh. Satish Kumar





बरखीयः। सम्बन्धे का मानंदर्शन करते हुए प्रचार्ये हा , सुरेश दूर्ग ।

कारो हरिभी

बार कोचा। काला महाविकाला में लयु उद्योग दिवस पर उपपेशालक कार्यक्रम आयोजिल किया गया। बार्नेट अध्यक्ष प्राचर्य हा. सुरेश धूरा में कहा कि इस कार्यक्रम की सुरूआत ३० अकरत वर्ष २००० में को गई थी। इस मुहिस से पुहुवस प्रमाप कम पूजी लक्कर रोजवार में अधिक मुख्या कम स्वाती हैं। रटाई अप इंडिंग के लहा लयु पूजी लियेश करके अधिक तम कमाना य अपने कोश्या को बदावा देश हैं। अपने कोश्या व्यवस्थ को बदावर आर्थिक रूप से स्थान बना जा सकता है। कार्यक्रम का आयोजन कोशिक विमानग्रव्यक्ष हा प्रमित्य हा जमिला व मीनाई के मार्थवर्शन में किया गया।

हरिम्मि 31-08-2019

# उद्योग से बड़ा मुनाफाः बूरा

सहयोगी, खरखीदा : कन्या ज खरखीदा में शुक्रवार को ज्य विभाग की तरफ से स्टार्ट पुढिम के तहत लघु स्तरीय उद्योग समाया गया। कार्यक्रम की स्थाता करते हुए कॅलिज प्राचार्य सुरेश बूरा ने कहा कि इस मुहिम पुड़कर छात्राए लघु उद्योग की उन्होंने कहा कि यह छात्राओं को स्थानिर्भर बनाकर उन्हें अपने पैते पर

खंडा करने का काम करेगा। प्राचार्य ने कहा कि 30 अगस्त 2,000 करेड्स दिन की शुरूआत की गई थी। आज कोई थी छोटी इकाई से अपने रोजगर की शुरूआत करने के साथ ही अपने कीलल को भी बढ़ावा देने का काम कर सकता है। वाणिज्य विभाग अध्यक्ष डा. प्रमिता ने कहा कि छात्रापं लग्नु एवं कुटीर उहाँग की शुरूआत कर ना केवल अपने व्यवसायिक कीमाल की बढ़ा सकती हैं बल्कि उन्हें सक्षम बनाने का काम भी करेगा।

## छात्राओं को आत्मनिर्भर बनाने में लघु उद्योग सहायक : डॉ. सुरेश बूरा

खरधौदा (ब्यूरो)। सहर के कन्या महन्दिद्यालय में शुक्रकर को गाणिका विभाग की ओर से स्टार्ट अप मुहिम के तहत लखु स्तरीय उद्योग दिवस मन्त्रया गया। इस मौके पर महाविद्यालय प्राचार्य डॉ. सुरेश ब्यू ने कहा कि इस मुहिम से बुड़कर खन्नपर लघु उद्योग की शुक्रआत कर सकती हैं और कम लागत पर ज्यादा मुनापन कमा सकती हैं।

प्राचार्य हाँ भूग ने कहा कि यह छात्राओं को आत्मिनियर बनाकर उन्हें अपने पी पर ग्राह्म करने का काम करेगा। टन्होंने कहा कि 30 अपन्त 2000 को इस दिन की मुख्अपन की गई थी। आब कोई भी छोटी इकड़ें में अपने बीताल को भी बहाय देने का काम कर सकता है। बांगिस्स विभाग की अध्यय हाँ, प्रीयला ने कहा कि छात्राएं लयु एवं कुटीर उद्योग को सुख्आत हर अपने व्यावस्तिक बीताल को बहा सकती है हम होगा हो, जंगा। और भीताबी समेत अन्य स्टाप्स मीजूद गा।।

7701 31-08-2019



एमडीयू की गोल्ड मेडलिस्ट बनीं छात्रा रश्मी



कारहोंद्य 'खरखोदा स्थित कन्या महालिद्यालय में एमकोम की पढ़ाई करने वाली छाजा रहमी ने महाँचें दयानंद विश्वविद्यालय में टॉप कर गोल्ड मेडल प्रान्त किया है। कॉलेज चेयरमैन बेद प्रकाश दिश्या व प्राचार्या डॉ. सुरेश कुए ने गोल्ड मेडल लेने वाली छाजा रहमी को नकद राशि से सम्मानित किया। इसके अल्झाव एमद हिंदी की छाजा सुशीला ने विश्वविद्यालय की मेरिट सूचि में दुसरा स्थान प्राप्त किया है। ज्योत व डिपल सहित हिंदी की टॉप 50 मोर्सेट में तीन छाजाओं ने भी अपना नाम दर्ज कराया है। जबकि एमकोम में 10 छरजाओं ने टॉप 50 में अपना नाम दर्ज करा कॉलेज का नाम बढ़ाया है। इस सूचि में छाजा मंजीत ने 7वां, अंजु ने 24 वां, 25वां स्थान पाया जबकि तनु, भारती ने भी मेरिट सूचि में अपना नाम दर्ज कराया है। एमर भूगोल में तीन छाजाओं का मेरिट सूचि में अपना नाम दर्ज कराया है। एमर भूगोल में तीन छाजाओं का बीरेट सूचि में अपना नाम दर्ज कराया है। एमर भूगोल में तीन छाजाओं का मेरिट सूचि में अपना नाम दर्ज कराया है। एमर भूगोल में तीन छाजाओं का कर करतीन कॉलेज में घोषणा की हुई है कि जो भी छाजा विश्वविद्यालय टॉप कर खरखोदा कन्या महाविद्यालय का ताम राशन करेगी उस छाजा को नकद ईनाम से समरोह में भी मुरस्कृत किया जाएगा। कॉलेज प्राचार्य डॉ. सुरेश बूग ने छाजाओं को बचाई दी।

## विश्वविद्यालय टॉपर बनी रिशम

माई सिटी रिपोर्टर

खरखोदा। महर्षि दणनंद विश्वविद्यालय को मेरिट में स्थान पाने वाली छाताओं को सम्मानित करने के लिए शनिवार को कन्य महर्विद्यालय में सम्मान समारोह का आयोजन किया गया। समारोह में महाविद्यालय प्रमान वेदादकाश दहिया ने एमकॉम के परीचा परिणाम में टॉप करने वाली छाता रशिम को सम्मानित किया। कार्यक्रम प्रामार्थ डॉ. सुरेश चूरा की देखरेख में किया गया।

इस दौरान प्रमण् हिंदी की छात्रा मुशीला को मेरिट सूची में दूसरा स्थान प्राप्त करने पर सम्मानित किया गया। ज्योति और डिंगल समेत शिंदी की टॉप 50 मेरिट में तीन छाताओं ने और एमकॉम में 10 छात्राओं ने टॉप 50 में अपना नाम दर्ज कराया है। मेरिट सूची में छात्रा मंजीत ने महर्षि दयानंद विश्वविद्यालय ने जारी किया परिणाम



रिम को सम्मानित करते अधिक।

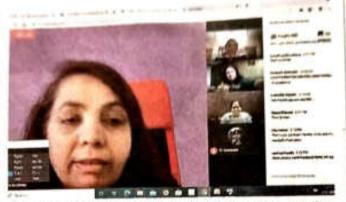
7वां, अंजु ने 24वां और तनु और भारती ने भी मेरिट सूची में अपना नाम दर्ज कराया है। एमए भूगेतन में तीन छाजाओं को मेरिट सूची में स्थान मिला है। मताविद्यालय चेयरमैन वेद प्रकाश दक्षिण ने विश्वविद्यालय को टॉए करने पर छाजाओं को नकद राशि देकर सस्मानित किया।

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अग्नर उजाला, 15-09-2019

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# शोधकर्ताओं ने अंतरराष्ट्रीय वेबिनार में पढ़े शोधपत्र



खरखौदा के कन्या कॉलेज की तरफ से आयोजित अंतरराष्ट्रीय वेबिनार के दौरान गुगल मीट के जरिए अपनी बात रखती युके से डॉ . लक्ष्मी बुधवार • सौजन्य कन्या कॉलेज

संवाद सहयोगी, खरखौदा : कन्या जन-जीवन अस्त-व्यस्त हो चला कॉलेज खरखौदा में बहस्पतिवार को मनोविज्ञान व वाणिज्य विभाग के संयक्त तत्वाधान में एक अंतरराष्ट्रीय वेबिनार का आयोजन किया गया। इस वेबिनार की संयोजिका डॉ. प्रोमिला थीं। अंतरराष्ट्रीय वेबिनार में शामिल होने वाले प्रतिभागियों का कन्या कॉलेज प्राचार्य डॉ. सरेश बरा ने स्वागत किया, जिसके बाद शोधकर्ताओं ने अपने शोध प्रस्तुत

वेबिनार की मुख्य वक्ता डॉ. लक्ष्मी बुधवार क्लिनिकल न्युरोपैथॉलोजिस्ट युनाइटेड अस्पताल, किंगडम एवं राजकीय कृत्या कॉलेज, चंडीगढ़ की सह प्राध्यापिका नीलम राठी रहीं। इस दौरान प्राचार्य डॉ. सुरेश बुरा ने कहा कि वर्तमान परिदृश्य में तनाव प्रबंधन तंत्र का बहुत बड़ा महत्त्व है। आज कोविड-१९ के कारण

है, जाहिर है इसके कारण लोगों को मानसिक तनाव का सामना करना पड रहा होगा। ऐसे में इस प्रकार के आयोजन के माध्यम से समाज को एक बेहतर संदेश देने का काम किया जा सकता है। लक्ष्मी बुधवार ने कहा कि आज का सामाजिक परिवेश अपेक्षाकृत अधिक तनाव-दबाव पूर्ण होने से अधिक जटिल बन गया है। नीलम राठी ने सकारात्मक सीच रखे हुए तनाव को दूर करने के बारे में बताया। इस वेबिनार में 300 के करीब प्रतिभागियों ने हिस्सा लिया और अपने शोध प्रस्तुत किए। इस दौरान कार्यक्रम प्रभारी डॉ. प्रमिला व हाँ. निमता की अगुवाई में कार्यक्रम का सफल आयोजन किया गया।

तम और खेलीएए की आरा समर्थे >>

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## नहरों में नहाने व वाहन धोने वालीं पर होगी कार्रवार्ड

जारां, सोनीपतः । कार्यकारी अभियंता जल सेवाएं मंडल रोहतक ने पत्र लिखकर सुचना दी है कि कुछ लोग नहाने के लिए नहरों का प्रयोग कर रहे है। इसके अलावा कुछ महिलाएँ कपड़े धोने के लिए व कुछ व्यक्ति अपने निजी, सरकारी व गैर सरकारी वाहन, रोगी वाहनीं (एंबुलॅस) आदि को धोने के लिए नहरों का प्रयोग कर रहे है। इसके देखते हुए जिलाधीश श्यामलाल पुनिवा ने घारा-144 के तहत आदेश जारी कर ऐसे लोगों के खिलाफ सख्त कार्रवाई के निर्देश दिए हैं।

जिलाधीश ने बताया कि वर्तमान समय में वाहनों को धोने से नहरों, नदियों का पानी दुषित हो जाता है और दूषित पानी की वजह से संक्रमण फैलने का अंदेशा भी बना रहता है। इससे वर्तमान समय में कोविड-19 जैसी महामारी के दौरान संक्रमण और ज्यादा बढ़ने की आशंका बनी रहती है। ऐसे में पुलिस अधीक्षक धारा-144 को सख्ती से लागू करवाएंगे। इसके साथ ही सीएमओ सोनीपत को भी निर्देश दिए गए हैं कि वह सरकारी, गैर सरकारी रोगी वाहनों (एंब्लेंस) को भी निर्देश दें कि किसी भी नहर, नदी, घाट व खाल पर अपने वाहनों को घोने के लिए लेकर न जाएं।

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# KANYA MAHAVIDYALAYA KHARKHODA



Proceedings of Seminar
On the theme

"Wellness is Natural State of Body"
Organized By
Community College
on 14th December, 2015

## **Contents**

- 1. Programme Schedule
- 2. President's Message
- 3. Principal's Message
- 4. About the Community College
- 5. About the Seminar
- 6. Invitees' Messages about theme of Seminar
- 7. Outcomes of Panel Discussions
- 8. Report of the Seminar
- 9. Photo Gallery

# PROGRAMME SCHEDULE OF SEMINAR OF BEAUTY & WELLNESS ON THE THEME

"Wellness is Natural State of Body"



Date:14 December, 2015

Time :11.00 a.m.-5.35.p.m.

Venue :Seminar Hall

## KANYA MAHAVIDYALAYA, KHARKHODA (SONEPAT) - 131001 RSVP:

Dr. Yogita, 9996960033, malik.yogita@ymail.com

Ms. Meenakshi, 9671822424, sendtomeenakshi@gmail.com

## LUNCH BREAK: 1.30pm - 2.15pm

# SESION 02: ROLE OF NATUROPATHY & YOGA IN BEAUTY & WELLNESS (2.15pm- 3.15pm)

2.15pm- 2.30pm	Dr. Monika Dahiya (chief guest) BAMS and expert of Naturopathy & Yoga, Hoshiyar Singh Memorial Hospital, Kharkhoda.
2.30pm- 2.45pm	Dr. Suman, physiotherapist ,Kanya Mahavidyalaya, Kharkhoda
2.45pm- 3.00pm	Mrs. Sheetal, Yoga Instructor, Kanya Mahavidyalaya, Kharkhoda
3.00pm- 3.15pm	Mrs.Darshana Dahiya, Assistant Professor of sports science, Kanya Mahavidyalaya, Kharkhoda

## Points for discussion:

- What is Naturopathy and its role in Beauty & wellness?
- How Yoga adds to the beauty of human body?
- Importance of exercise and food diet programme for fitness.
- Link of Physiotherapy with wellness.

# SESSION 03: SALON or BEAUTY & WELLNESS CENTRE MANAGEMENT (3.15PM-4.15PM)

3.15pm- 3.30pm	Dr. Yogita, Associate Professor, Economics Department, Kanya Mahavidyalaya, Kharkhoda
3.30pm-3.45pm	Dr. Parmila ,Assistant Professor , Commerce Department, Kanya Mahavidyalaya, Kharkhoda
3.45pm -4.00pm	Dr. Sumita ,Assistant Professor , English Department, Kanya Mahavidyalaya, Kharkhoda
4.00pm-4.15pm	Mrs. Meenakshi, Assistant Professor, Commerce Department, Kanya Mahavidyalaya, Kharkhoda

## Points for Discussion

- Hiring & training employees.
- Marketing: Advertising & promotions.

## Monday 14 December, 2015

11.00 am-11.30am	Registration and welcome tea	

## INAUGURAL SESSION: 11.30am -12.30pm

Welcoming Remarks: (11.30 am-11.40 am)	Mrs. Meenakshi, Assistant Professor, commerce department; Nodal Officer of community College.		
Introductory Remarks: (11.40 am -11.50 am)	Dr. Yogita , Associate Professor , Economics department.		
Special Remarks: 11.50am-12.10pm	Dr. (Mrs.) Suresh Boora, Principal, Kanya Mahavidyalaya, Kharkhoda		
12.10 pm-12.20pm	Dr. Monika Dahiya (chief guest) BAMS and expert of Naturopathy & Yoga, Hoshiyar Singh Memorial Hospital, Kharkhoda.		
12.20pm-12.30pm	Dr. Ramesh Sethi (Key note Speaker) ,Dermatologist Hoshiyar Singh Memorial Hospital, Kharkhoda		

# SESSION 01: LATEST TECHNOLOGIES AND TECHNIQUES USED IN COSMETOLOGY (12.30 pm-1.30 pm)

12.30pm-12.45pm	Dr. Ramesh Sethi , Dermatologist, Hoshiyar Singh Memorial Hospital, Kharkhoda
12.45pm-1.00pm	Dr. Ramesh Saini, Assistant Professor, Computer Department, Kanya Mahavidyalaya, Kharkhoda
01.00pm- 1.15pm	Mrs. Rinki, Instructor, Beauty & Wellness, Kanya Mahavidyalaya, Kharkhoda
1.15pm- 1.30 pm	Mrs. Saroj, Instructor, Beauty & Wellness ITI, Rohtak

## Points for Discussion:

- What are the skin diseases & what therapies do dermatologists apply to treat them?
- How technology (computer programs) helpful for clients in salon?
- Which type of equipments used by Beauty Professionals in routine in Beauty Salons?

- Understanding customer behaviour.
- Maintaining good customer relations.

# SESSION 04: JOB OPPORTUNITIES IN BEAUTY & WELLNESS SECTOR (4:30pm-5:30pm)

4.30pm-4.45pm	Mrs. Alka Gulati, Associate professor of Political Science & Incharge of 'Placement &Career Counselling cell' Kanya Mahavidyalaya, Kharkhoda
4.45pm- 5.00pm	Dr. Asha Khatri, Associate professor of History & Member of Placement & Career Counselling Cell, Kanya Mahavidyalaya, Kharkhoda
5.00pm-5.30pm	Dr. Seemant, Assistant Professor of English & former incharge of 'cosmetology &Beauty Care' add on course, Kanya Mahavidyalaya, Kharkhoda
5.15pm-5.30pm	Mrs. Shalu ,Instructor of Apparel & Dress Designing Course, Kanya Mahavidyalaya, Kharkhoda

## Points for Discussion

- Organized & unorganized beauty sectors.
- Career in fashion & beauty.
- Types of jobs in beauty & wellness Industry.

## Votes of Thanks

5.30pm-5.35pm- Mrs. Meenakshi, Nodal Officer, Community college, Kanya Mahavidyalaya, Kharkhoda



Sh. Ved Prakash Dahiya (President)

## Strategic Intent of the College

## Vision:

Empowerment of women through holistic learning and make them efficient through professional programmes so that they won't lag behind in any sphere of life.

## Mission:

To provide valve based, quality based, skill based and innovative education to the girls.

## Motto:

"Strive for perfection and settle for excellence."

## Aims/Objectives:

- To create, preserve & dissemination of knowledge not only to make students educated rather capable.
- To give vocational training to the students.
- To impart knowledge with the help of new teaching methods.
- To give practical knowledge to the students through skill development programmes which enhance their employability.
- To meet the demand of the industry in present scenario by providing them skilled workforce.
- To take care of physical & mental health of the students through sports & yoga.
- · To inculcate moral values in the students.
- To take every necessary step towards welfare of the community.
- To protect & preserve natural environment.



Dr. (Mrs.) Suresh Boora, Principal

## About the College

Kanya Mahavidyalya, Kharkhoda (KMK) was established in 1993 with great vision of girls' education especially to cater the need of education of rural girls. Earlier Kharkhoda block was deprived of any institution which can provide higher education to the girls of this region and nearby villages. So, with missionary zeal and enthusiastic objective many great people established this institution where the purpose of education is to equip the students with the most excellent technological proficiency, to empower them with the skills in order to realize their potential, to create the right environment in order to make them good human beings and responsible citizens. KMK is continuously moving on the path of development, touching new heights of success because of hard work of all teaching & non teaching staff and cooperation of our wonderful students.

At present college is running many UG and PG courses namely B.A, B.Com, B.C.A, M.Com, M.A (Hindi), M.A (Geography), P.G. Diploma in yoga, M.Sc (Computer Science) and skill development courses namely One year diploma in Beauty & Wellness under Community College, Apparel & Dress Designing. From the next session college is going to start two new courses namely B.Voc. in "Catering technology & Hotel Management" and B.Voc in "Sports & Nutrition and Physiotherapy". With the obvious choice of subjects & streams KMK is providing the students what they want in the present competitive scenario.

## **About the Community College**

Presently, the country faces a demand – supply mismatch, as the economy needs more 'skilled' workforce and also the managers and entrepreneurs than created annually. In fact, majority of the contemporary institutions of higher learning remain almost disconnected with the requirements of the workplace. The skill oriented courses so called vocational courses available in the market have low credibility and acceptability with the employers. The traditional higher education system in the country is also rigid in terms of duration of courses, timings for teaching – learning, place of study and choice of subjects.

With a view to make the skills acquired by the learners acceptable nationally, the curriculum and system of certification should align with National Occupation Standards (NOS). In order to facilitate offering of nationally standardized skill related programmes, the govt. of India has notified the National Skills Qualification Framework (NSQF). It is a nationally integrated education and competency based skill framework which provide for multiple pathways, both within vocational education and between general and vocational education, to link one level of learning to another higher level and enables learners to progress to higher levels from any starting point in the education and/or skill system. It permits individuals to accumulate their knowledge and skills and convert them, through testing and certification by the competent authorities, into higher level of certification which could be a certificate, diploma, advanced diploma, a degree or PG Diploma in common parlance.

The 12th five year plan recommends setting up of Community College (CC) to expand skill based programmes in higher education. Community College (approved by UGC) serve multiple needs including

- Career Oriented Education and skills to students interested in directly entering the workforce.
- Training and education programmes for local employers.
- (iii) High touch remedial education for secondary school graduates not ready to enroll in traditional colleges.
- (iv) General interest courses to the community for personal development and interest like Beauty & Wellness, Apparel & Dress Designing for girls.

Kanya Mahavidyalaya, Kharkhoda has been allotted Community College by UGC, New Delhi in June 2015. The purpose of taking CC scheme is to facilitate easy access to underprivileged girl students of local community to the skill based education in which they are interested.

### **About the Seminar**

Many of us (women and men) spend the entire day in consultations or administrating or having beauty treatments, but often we don't get the time to ask: What does 'Beauty & Wellness' mean? What is the link of 'Beauty & Wellness'? Types of Wellness? What type of role is played by Nature to make human beings beautiful? What is the role of yoga, good food habits & exercise to make a sound body & mind? In order to find out the answer of these questions, a one day seminar is needed on the theme 'Wellness is Natural state of Body'. The seminar aims to promote a meaningful interaction on ideas to Beauty & Wellness among academicians, industry professionals, Beauty Instructors, Yoga Instructors, Physiotherapists, Nutrition experts, Skin & Hair Expert, Research scholars and students. Such an interaction among persons from different walks of 'Beauty & Wellness sector' sharing their experiences, expertise, knowledge, ideas, innovations and researches will provide the participants useful content in the concerned area. During the seminar panel debates on prominent sub themes will be organized. (Name of Panelists is given in programme schedule).

# Invitees speak about wellness......

 Beauty is the natural reflection of well being, a feeling that comes from the body and the spirit. Wellness represents the beneficial balance of both these elements.
 Everyone must put forth effort to maintain a healthy life style, because it not only impacts you, but also your environment.

### - Dr.(Mrs.) Suresh Boora, Principal

2. Wellness refers to individual's emotional, psychological, intellectual well being your natural state of mind can be measured by looking at how effectively and successfully you are functioning in your every day life. Without doubt happiness is one of the contributor to one's beauty & wellness your ability to bounce back from challenging situation and events are all signs of your natural state of mind.

### - Mrs. Alka Gulati, Associate Professor of Political Science

3. Natural beauty & wellness is contemporary substitute to each other. Natural beauty is greatest gift of God and wellness is a part of life style management. Do your best to protect and care what the creator of this planet has gifted you. Make-up is a part of female personality but it should be remembered that one should make up just to enhance herself and not to be something you are not.

# - Dr. Asha Khatri, Associate Professor of History

4. I believe beauty is the true nature of all creation. When we wisely eliminate inner and outer pollution, clean our bodies and our minds, the remaining thing is glowing health, peace and bliss. I believe that a healthy, confident, balanced woman is a beautiful one.

Dr. Yogita, Associate Professor of Economics

5. Someone has aptly said that: "Health is Wealth". So, the most valuable and prized possession is our health without our health, we would not be able to achieve the things we want to achieve in our life. I have been interested in healthy living and getting my back into its natural state. Everyone must invest time, energy and resources into taking back control of your health and getting on the path of wellness.

### Dr. Seemant, Assistant Professor of English

6. Someone has aptly said that: 'The natural healing force in each one of us is the greatest force in getting well'. Natural state of wellness is like the foundation of a well built house; if it is strong and deeply rooted in the earth, it can support a life of being happy, healthy, clear minded and peaceful. With this foundation you will feel more relaxed, energy will flow naturally through your body and your mind will be clear.

## - Dr. Sumita, Assistant Professor of English

- 7. To me wellness means healthy body & mind and to keep the same healthy and sound we should take care of our self. Few tips to keep our body & mind sound:
- i) Rise early
- Be positive
- iii) Be observant
- iv) Lead an active life
- Sleep well and develop a positive approach to life
- vi) Meditation and Exercise
- vii) Drink water a lot & eat fresh fruits

- VIII) Take time to review your life's purpose and goals
- ix) Last but not the least be grateful to almighty for your beauty & health.

## - Dr. Sushma, Assistant Professor of Mathematics

8. "Beauty lies within" Beauty is completely individual and there are so many different types of beauty. It is a reflection of how you feel about yourself, your emotional, physical, mental and spiritual balance, your internal sense of wholeness-all the aspects of 'you'. This is the wisdom of acceptance, learning and growth that shines from within and becomes your beauty, wellness, wisdom.

## - Mrs. Meenakshi, Assistant Professor of Commerce

 True beauty encompasses both healthy, beautiful skin on the outside and a happy, confident personality on the inside- so that inner beauty shines through.

- Mrs. Shalu, Apparel & Dress Designing Instructor

## **Outcomes of Panel discussions**

Speakers from Panel 1:

Technologies & Techniques used in Cosmetology & Beauty Care



Dr. Ramesh Sethi Dermatologist Keynote Speaker

Dermatology is an area of medicine concerned with the health of the skin, as well as diseases of the hair, nails and mucous membranes (such as those lining the eyelids, mouth and nose) common conditions which are treated by dermatologists are acne, eczema, fungal infection, hair loss, nail problems, Sunburn etc. Many of the conditions seen by dermatologists can be treated with medication and non-invasive therapy. However, some conditions may require surgical intervention or other more aggressive therapy. Most common procedures performed by dermatologists are: Biopsies, Chemical peels, Cosmetic injections, Croytherapy, immunotherapy, radiotherapy, hair removals and restoration, Laser surgery etc.



Dr. Ramesh Saini Assistant Professor of Computer Science

Technology is becoming an important element in the field of Cosmetology. Now Computers are used in Salon to help the clients to decide which hair style is right. I, explain how it is done. The Client brings in a picture and the same is copied it into the computer. The Client's picture then appears on the computer monitor. Then, hairdresser can do experiment with the picture to show how the client would look in different hair styles.



Mrs. Saroj Instructor ITI, Rohtak

The beauty industry is expanding rapidly. Like all the industries, this industry has also welcomed the technological advancement. Many types of skin care, hair care and nail care equipments or electrical/electonic machines are used by beauty professionals in their routine functions. These equipments include: Epilator, High Frequency, Galvanic machines, electrical facial massager, hair streamors, curling iron, hair straightener, hair dryers, hot rollers, sterlizers & nail filers in nail care etc.



Mrs. Rinki Instructor Beaun & Wellness

A beauty Salon is an establishment that provides men & Women with services to improve their beauty, such as hair dressing, manicuring, facial treatment & massage etc. So, it is inevitable for a person who wants to start his/her own beauty salon to have knowledge of all equipments used in skin care, hair care & nail care.

## Speakers from Panel 2: Role of Naturopathy & Yoga in Beauty & Wellness



Dr. Monika Dahiya Naturopahisa

Ayurveda is Indian's traditional natural system of medicine that has been practiced for more than 500 years. Ayurveda belives that everything in this universe is made up of five great elements namely earth, water, fire, air and ether. Naturopathy believes in two things:

- 1. All healing powers are within our body.
- The treatments in naturopathy remove the cause of the systems not only

treat the symptomes.

Naturopathy includes mudtherapy, hydrotherapy etc. Naturopathy is a correct positive practical and permanent way to achieve healthy, happy, holy creative and peacefull life.



Mrs. Darshana Assistant Professor of Sports Science

'Health is Wealth', 'sound mind lives in sound body' these proverbs show the importance of health in our life. To keep our health good should be the primary function of life. Beauty & Wellness is linked with sound health. If you take balanced diet which includes all the nutrients namely carbohydrates, protein, fat, vitamins, minerals & water in right composition, then your skin, hair, nails will reflect your inner soundness. If you are physically and mentally sound, you are naturally beautiful.



Dr. Sontan Physiotherapist

Physiotherapy maintains physical wellness of a person. Physiotherapy is a branch of rehabilitative medicine aimed at helping patients maintain, recover or improve their physical abilities. Physiotherapists help the people recover from injury, reduce pain and stiffness and increase mobility through different types of exercises or therapies.



Mrs. Sheetal Yoga Instructor

Yoga is the need to maintain holistic wellness. Yoga is necessary to make up for all the physical activity that we have lost out. We have so many tensions in present Competitive world. When, there is no way of releasing tension, then yoga comes to rescue. Thus, yoga maintains our physical and mental wellness. It keeps us fresh everyday and prepares our mind to take up challenges.

## Speakers from Panel 3: Salon Management



Dr. Yogita Associate Professor of Economics

Salon Management basically includes hiring & training employees, understanding customer's behaviour, maintaining good relation with customers, keeping record of all operating costs and revenues, keeping record of customers, rendering services as per requirement of the customers, advertising & promotion of salon etc.



Dr. Parmila Assistant Professor of Commerce

As a salon manager you will become the heart and soul of salon operations. Be prepared to deal with all things good and bad when it comes to managing your staff and the clients they care to you will be dealing with client questions and complaints, managing product orders and sales and most important the role of an HR person while you are managing a salon. Becoming a salon manager is a big responsibility.



Dr. Sumita Unusan Perform of English

'Communication' It's a buzz marketing word these days. Especially when it comes to salon customer service. Yet there is one important aspect of salon communication that often get neglected in training sessions- salon body language, Actions speak louder than words in successful salons. When we communicate with salon clients we use a combination of words, tone of voice & Gestures. These 3 elements are not of equal importance, Research reveals that words account for 7%, tone of voice for 38% and body language accounts for 55% of the overall message. Thus, it is necessary to understand the significance of non-verbal communication in training sessions.



Mrs. Meenakshi Assistant Professor

Some of the most important factors that clients consider in choosing a particular salon are the sanitation & hygiene of the salon, good relations with customers so keep in mind the following marketing ideas:-

- Offer value added services
- Facility of appointment
- Offer personalized discount based on events
- Understand the customer needs first and then start treatment
- Give after treatment home care advice

Always keep in mind "The more trust they have in you, the more likely they will keep coming back and be opened to try out new things".

# Speakers from Panel 4 : Job opportunities in Beauty & Wellness sector.



Mrs. Alka Gulani Associate Professor of Polinical Science & Incharge of Career Councelling Cell

In our contemporary, aspirational India, beauty products have become affordable to many. This along with increasing urbanisation and the impact of TV commercials, has made these products accessible. Even male grooming is on the rise with products like male creams becoming popular- in urban India. Women, in particular, feel they can earn a few thousand more rupees to support their families by becoming beauticians. All these reasons have made beauty & Wellness sector a major job creator.



Dr. Asha Khatri Associate Professor of History & Member of Career Counselling Cell

As the nation acquires more skilled workers to realise its "Make in India" dream, the largest employing sector of agriculture is expected to lose about 2.5 crore skilled farmers by 2022, while Beauty & Wellness sector is expected to witness the maximum growth in next 6-7 years, in terms of skilled workforce according to a survey conducted by the National Skill Development Corporation (NSDC).



Dr. Seemant Assistant Professor of English & Former Incharge of Commetulogy & Beauty Care Course

According to NSDC, skilled workforce in beauty & wellness sector would grow thrice as much, from 40 lakh in 2013 to 1.42 crore in 2022, making it the fastest growing job creator. Jobs under various job roles are available in this sector. Few of those are: Assistant Beautician, Beauty therapist, Senior Beauty Therapist, Spa Therapist, Nail technician, Hair stylist, Hair advisor, Bridal makeup artist etc.



Mrs. Shalu Apparel & Dress Designing Instructor

"If you are innovative and ambitious there is no limit to your potential". You can choose to work behind the scenes in a movie, on a play, at a fashion show, or in your own salon or as an instructor in ITI's, Schools, Colleges and inspire other to enter into the Fashion & Beauty business with the right training you can convert your dream into realty.

# Report of the Seminar

A One day seminar on the theme, "Wellness is Natural state of body" was organized by Community College on 14th Dec. 2015. The seminar provided an ideal forum for the interaction of different view-points on the theme and information among academicians, research scholars, Beauty & Wellness instructors, Yoga instructors, Nutrition experts, Physiotherapists, Dermatologists, Naturopathist etc. to understand the concept of beauty and wellness.

To initiate the seminar, Mrs. Meenakshi, Nodal officer of Community College welcomed the guests. Mr. Ved Prakash Dahiya, President of the College introduced the gathering about the vision and mission of the college and Dr. Suresh Boora, Principal of the College informed the invitees about the progress made by the college. She also shared her views regarding relevance of holding the seminars on the theme of Beauty and Wellness.

Dr. Yogita, seminar co-coordinator informed the gathering about the course of Beauty and Wellness under the scheme of Community College which is approved by UGC and the same was allotted to Kanya Mahavidyalaya, Kharkhoda in the year 2015.

Mrs. Meenakshi, seminar coordinator informed the gathering about the need and purpose of organising the seminar on the theme Wellness is natural state of body. She put light on the concept of Wellness and its types.

The seminar was inaugurated by Dr. Monika Dahiya, BAMS & Naturopathist, Hoshiyar Singh Memorial Hospital, Kharkhoda. She highlighted the importance of natural elements i.e. Sun, Water, Air etc. in keeping our health sound.

The keynote speaker was Dr. Ramesh Sethi, ex-civil surgeon & at present Dermatologist in Hoshiyar Singh Memorial Hospital, Kharkhoda. He discussed about various skin problems like acne problem, sunburn etc. and their treatment. He also chartel his views regarding technologies used by dermatologists in skin, hair & nail lambnests.

Apart from chief guest and keynote speaker other invitees also present their views about Beauty & Wellness, Health & Beauty & Wisdom. These invitees included Mrs. Saroj, instructor B&W Course ITI Rohtak, Mrs. Sheela instructor B&W course ITI Kharkhoda, Mrs. Rinki instructor B&W course KMK, staff members from KMK including Mrs. Alka Gulati, Dr. Asha Khatri, Dr. Yogita, Mrs. Darshana, Dr. Parmila, Dr. Seemant, Dr. Sumita, Dr. Ramesh Saini, Mrs. Meenakshi, Dr. Sushma, Mrs. Shalu, Dr. Suman, Mrs. Sheetal,

In the seminar Penal discussion were held on the topics Latest technologies & techniques used in Cosmetology; Role of Naturopathy & Yoga in Beauty & Wellness; Salon Management; Job opportunities in Beauty & Wellness Sector (Details of penalist in programme schedule). Students presented in the seminar learnt many things from seminar related to Skin & Hair Care, importance of Yoga & healthy food, role of nature in keeping our mind & body healthy as well as things related to their career i.e. placement in beauty industry & salon management.

Mrs. Meenakshi, Nodal officer of Community College delivered a Vote of thanks to all the people presented in the seminar.

# Photo Gallery of Seminar

















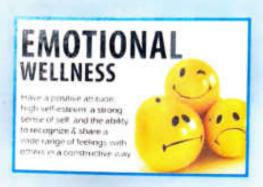


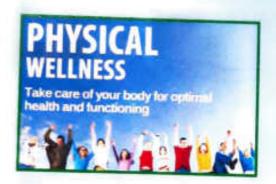
















# One Day National Seminar on "Empowering Women to Lead Change"

A One Day National Seminar on "Empowering Women to Lead Change" was organised on 15th Dec. 2015 by Women Cell under the patronage of Director Higher Education Haryana which was inaugurated by an eminent Chief Guest Dr. Kavita Komboj, Civil Judge cum Judicial Magistrate 1st Class, Kharkhoda. The topic reveals the crux of seminar which conveys a message "Strength does not come from winning, your struggles, develops your strength and it paves the way to lead for a desirable change". 450 Scholars, Academicians, thinkers and research scholars from all over India had deliberated on the various aspects of the topic and the dire necessity for its immediate redressal. College President and other management members also graced the occasion. College principal Dr. (Mrs.) Suresh Boora welcomed the guests and invites. She made aware the delegates and guests that this seminar aims at rekindle and rejuvenate the spirit of hope, courage and oneness amongst women from all walks of life. The opportunity extended by Keynote Speaker, Prof.(Dr.) Sushila from Lady Shri Ram College of Commerce. After tea break Dr. Manjinder, Inst. of Law, KUK presented her views. During this session Dr. Amita from Govt. College, Pundri and Dr. Suman from BPSMV, Khanpur Kalan acted as chairperson. This was followed by 2nd enlightening technical session Ms. Veenu Kakkar through a demonstration emphasized on equality among men and women. Dr. Neelam from Govt College Chandigarh and Dr. Rajesh from BPSMV, Khanpur Kalan played their significant role as chairperson. Evening Session was an interactive session for the delegates where all the queries were satisfied. A play performance was also presented by the members of "Mission Hazare" an NGO on theme "Women Empowerment Need of the Day". It was a learning and informative programme for the society. In valedictory session, Professor Promila Batra was felicitated with guest of honour. She intervened the psyche of society regarding this issue by exhorting delegates to remain committed to excellence in all research pursuits with the help these kind of seminar. Coordinators Dr. Parmila, Dr. Namita, Dr. Seemant and Ms. Shalini did untired efforts to make this seminar a huge success.

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### **One Day National Seminar**

on

### "Emerging Issues in Financial Sector in India"

(Sponsored by DGHE, Haryana)

A one day national seminar entitled "Emerging Issues in Financial Sector in India" sponsored by DGHE was organized on 15-03-2016. It was inaugurated by Prof Ravinder Vinayak (Chief Guest), Prof Sudesh from KUK (Key Note Speaker), President of the Governing Body Sh. Ved Parkash Dahiya, Principal of the college and other members of the managing committee. After floral welcome and lamp lighting Prof. Vinayak addressed the audience that changes are taking place in every sector at a very fast pace. To anticipate and meet the challenges is the demand of the day. Prof Sudesh spoke on the issue that banks should make every possible effort to ensure that their financial inclusion programme reaches to the rural masses as development of country is possible only through progress of rural India. Resource person Prof Surject Boora from KUK dwelt on the problems of NPA in Financial institutions. Dr. Amita Rana from CISKMV, Fathpur Pundri chaired the first technical session and gave some directions that may be useful for the new researcher to improve the quality of their research. Prof Karam Pal From GJU (Chief Guest of the Valedictory Session) highlighted that in actual what are the emerging issues in this sector today. Prof. Vinod Bishnoi from GJU spoke on the corporate governance in banks. The seminar attracted 365 participants from Northern region as well as from the rest of the country. At the closing ceremony president of the college congratulated the principal and the Coordinators of Seminar Dr. Namita, Dr. Parmila, Ms. Meenakshi, Dr. Ramesh and other members of the organising committee.

### Glimpses of the seminar



Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

Principal Kanya Mahayidyalaya Kharkhoda: Sonipat

# One Day National Seminar on 'Emerging trends in Yoga, Physical Education and Sports Sciences'

One day, DGHE sponsored national seminar on the theme 'Emerging trends in Yoga, Physical Education and Sports Sciences' was organized by Physical Education Department of college on 04.02.2017. Chief guest, Prof. Bhagat Singh, Chairman of physical Education Department, MDU Rohtak lit the lamp of knowledge in the esteemed presence of Sh. Ved Parkash Dahiya, Chairman of College Management Committee, Sh. Dharampal Rohilla, general secretary of management committee, Principal, Dr. (Mrs.) Suresh Boora and other faculty members. Prof. Bhagat Singh stressed on the need of taking a nutritional diet for staying healthy. Key note speaker Prof. Nishan Singh, Head of Physical Education Department Punjabi University Patiala elaborated that by adopting any physical activity. We can keep at bay the diseases to a large extent. Other dignitaries present on the occasion Ms. Meenakshi Pahuja, Assistant Prof. at LSRC, Delhi Dr. Shakuntla Beniwal, Deputy Director of sports, MDU Rohtak, Prof. Monika Verma from Department of Physical Education CDLU Sirsa, Dr. Rajbala Associate Prof. from Hindu College of Education Sonepat spoke on the different aspects related to the theme ofthe seminar.

In the valedictory session, key note speaker Prof. D.S. Dhull, Director of sports, MDU Rohtak exhorted the delegates that there is tremendous scope of Research for the researcher in this field. In the seminar 157 delegates presented their papers. Mrs. Darshna, Coordinator of the seminar thanked the guests while concluding the seminar.

Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

Kanya Mahavidyalaya Kharkhoda, Sonipat



Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat Priocipal Kanya Mahavidyalaya Kharkhoda, Sonipat

# One Day National Seminar entitled "Indian English Literature : An Overview"

Department of English of Kanya Mahavidyalaya, Kharkhoda organised one day National Seminar entitled "Indian English Literature: An Overview" on 24th Feb. 2018 which culminated into a grand success. 120 delegates from different institutions presented their research papers in this seminar.

- The day commences with registration followed by inaugural session. The chief guest for the event was Prof. Bhim Singh Dahiya, Former Vice Chancellor of Kurukshetra University, Kurukshetra. By lighttening the lamp before Goddess Saraswati all dignitaries gave their consent to start the seminar. Dr. Suresh Boora, Principal, K.M. Kharkhoda welcomed all the guests and gave briefly introduction to the theme of seminar. Keynote speaker Prof. Bhim Singh Dahiya addressed the delegates and illuminated regarding history of Indian English literature.
- In the plenary session, Prof. SPS Dahiya and Retd. Prof. Randeep Rana, M.D.University Rohtak enlightened the delegates regarding tradition and modernity in Indian writing in English, which was chaired by Prof. Bhim Singh Dahiya, formely. Total five parallel sessions were excuted at different venues. First technical session was conducted in Seminar Hall in the supervision of Dr. Jyoti Raj, Associate Prof., GCW Murthal as chairperson. Approx. 30 delegates presented their paper in this session.
- 2nd technical session was organized in Room No. 1 where 25 delegates presented their paper in the supervision of Dr. V.K. Dahiya Principal, G.C. Bapoli, Panipat as chairperson.
- 3rd technical session was executed in Room No. 2 in the chair of Dr. Saroj Malik Principal, GC Panipat.
- 4th technical session was conducted in Room No. 5 where 27 delegates presented their paper. The chairperson of the session was Dr. Naresh Rathi, Associate Prof. CRA College, Sonipat.
- 5th technical session was organized in lab, where Dr. Jyoti Sheoran, Associate Prof. CRS University, Jind performed the duty of chairperson. Approx. 30 delegates presented their paper in this technical session by all the delegates from different institutions covered various themes of the seminar like Touching the untouchable: An overview, contempory Indian women novelists, Treatment of Hindu values and ideals, Dalit Literature, Indian Mythology and Deciphering of Metaphors etc.
- Dr. Seemant was convener of the seminar, Dr. Sarika & Dr. Sumita performed duties as coconvener. Principal Dr. Suresh Boora congratulated the whole team for the grand success of seminar.
- In valedictory session Prof. Jagdish atra graced the occasion as chief guest and Dr. N.K. Saini as Guest of Honour Prof. Jagdish Batra enlightened on post colonial Indian English literature. After this certificates among the delegates were given away.

#### **OUTCOME/FINDING OF THE SEMINAR:**

The seminar was attended by many prominent scholars and academicians across the country. Over 125 delegates contributed/presented their research work in the seminar to make the event a successful one and achieve its objectives. Many interesting and brain storming discussions were manifested in the seminar.

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# Glimpses of One Day National Seminar entitled "Indian English Literature : An Overview" on 24th February 2018



Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat Procesi Kanya Mahavidyalaya Kharkhoda, Senipal

#### Report of One Day Multi-Disciplinary National Seminar

Road safety club of the college is formed to organise road safety education for improving students' road safety. It contains educational activities that help the students gain more knowledge and make them aware about the dangers and risks involved. Also explain ways to keep them safe and develops the skills in understanding consequences for imparting education in road safety. Workshops are organised to be take n by Traffic and Police Officials for making students aware about basic safety rules.

Road safety club in collaboration with National Service scheme of Kanya Mahavidyalaya Khakhoda, Sonipat organized one-day Multi-Disciplinary National Seminar entitled "Need for expanding Road Safety Standards for progressive India" on **22nd March 2018** which culminated into a grand success. Approximately 150 delegates from different institutions and more than 100 students of different cells like Red Cross, Red Ribbon, N.S.S volunteers presented their research papers in this Seminar.

The day commences with registration followed by an inaugural session. The Chief guest for the event was Sh. Ved Parkash Dahiya (President of governing body, Kanya Mahavidyalaya Kharkhoda, Sonipat). By lightening the lamp in front of Goddess Saraswati, all dignitaries gave their consent to start the seminar. Dr. Suresh Boora, principal K.M.K welcomed all the guests by presenting bouquets. Dr. Sumita convener of the seminar briefly gave introduction to the theme of the seminar. Key Note speaker Dr. Jagbir Dahiya( Associate professor, Swami Shradanand College Delhi ), addressed the delegates Towards "Road Safety kit and disaster crisis management" and the demonstration which he gave filled the gathering with more knowledge.

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### **Snapshots of Inaugural and Welcome Ceremony**





Co-ordinator IQAC Kanya Mahayi

Kanya Mahavidyalaya Kharkhoda, Sonipat Priocipal Kanya Mahavidyalaya Kharkhoda, Sonipat



In the plenary Session, Dr. Ritu Saxena (From Lok Nayak Hispital, Deputy Medical Superintendent and chief of Accident and emergency Department) and M.S Babita, Chairperson of an NGO (Uday New foundation) enlightened the delegates regarding Road Safety Measures from different perspectives, which was chaired by Dr. Jagbir Dahiya (Associate Professor).

Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

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Plenary Session by Dr. Jagbir Dahiya (Associate Professor of Delhi University)



Plenary Session by Dr. Ritu Saxena (From Lok Nayak Hispital, Deputy Medical Superintendent and chief of Accident and emergency Department)

Kanya Mahavidyalaya Kharkhoda, Sonipat



Plenary Session by M.S Babita, Chairperson of an NGO (Uday New foundation)

Total Four parallel sessions were executed at different Venues. First technical session was conducted in Seminar Hall chaired by Dr. Rajesh Hooda( Assistant Professor of BPSMV, Faculty of Law).



First Technical Session Chaired by Dr. Rajesh Hooda( Assistant Professor of BPSMV, Faculty of Law).

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**Student Participant Presenting the Paper** 



**Delegates Presenting the Paper** 

Co-ordinator IQAC

Kanya Mahavidyalaya Kharkhoda, Sonipat Principal Kanya Mahavidyalaya Kharkhoda, Sonipat Second technical Session was organized in language Lab, where 15 delegate presented their papers under the Supervision of Chairperson Dr. Seema Dahiya (Assistant Professor BPSMV, Law Faculty).



Second Technical Session Chaired by Dr. Seema Dahiya (Assistant Professor BPSMV, Law Faculty).

Third technical session was chaired by Dr. Shalini (Assistant Professor, BPSMV Dept.

No. 1

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Third Technical Session Chaired by Dr. Shalini (Assistant Professor, BPSMV Dept. of English)

Fourth technical session was organized in Room No.2 where Dr. Preeti Sharma, Assistant Professor (Department of Commerce, MDU Rohtak) performed the duty of chairperson. Nearly 25 delegates presented their papers in this technical session.



All The delegates from different institutions and students of KMK covered various themes of the seminar like Economic impacts of Road Accidents, A review of literature on Safety Education, The Grand Trunk Road: In historical perspective, Recklessness and Alcoholic consumption before driving etc.

Prof. Yudhvir Singh (Dean of college M.D.U Rohtak) graced the occasion as chief guest in valedictory session and Prof. Sally Lukose, Head Dept. Forensic Science, Institute of Road Traffic Education, Faridabad) enlightened the gathering on road safety issues in Haryana.

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Chief Guest of the valedictory session Prof. Yudhvir Singh (Dean of college M.D.U Rohtak)



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Keynote Speaker for the valedictory session Prof. Sally Lukose, Head Dept. Forensic Science, Institute of Road Traffic Education, Faridabad)

Dr. Sumita was the convener, Dr. Darshana, Dr. Permila performed duties of co-conveners'. Principal Dr. Suresh Boora congratulated the whole team for the grand success of the seminar.

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#### **Memento Distribution**





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#### **Certificate Distribution**



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# Report of One Day International Seminar entitled

### "Contemporary Issues in Commerce" on 07.03.2019

Giving impetus to research centric activities and to promote interaction in understanding Indian and International issues concerning contemporary issues in Commerce. One day International Seminar on "Contemporary Issues in Commerce" was organized on 7.03.2019 by Department of Commerce, Kanya Mahavidyalaya Kharkhoda (Sonipat). After Lamp lighting by the invited guests, Principal Dr. (Mrs.) Suresh Boora welcomed all the guests & delegates. To begin with chief guest of the morning session Dr. C.S. Sharma deliberated on various issues like Start Up India, Corporate Social Responsibility and other related issues. It was a very emerging and insightful session. Key note speaker Dr. Hamma Olasuik, Associate Professor from O.P. Jindal Global University talked on women leadership. Guest speaker Prof. Shefali Nagpal spoke on different emerging issues in Commerce. Prof. H.J. Ghosh Roy former Dean & Director of IMSAR, M.D.U. Rohtak highlighted on various new issues that should be taken by the researchers and researchers should be of practical significance for industry and nation. Dr. Dalbir Singh Kaushik, Associate Professor from Gaur Brahmna College Rohtak, Sh. R.R. Chahal, Associate Professor from CRA College Sonipat & Prof. Shweta Hooda, Dean of Commerce & Management from Khanpur Kalan Sonipat also addressed various issues related to commerce and changes taking place in world economy. There were ten technical sessions in the seminar and 450 delegates across different states and even overseas researchers contributed to the seminar. It provided a comprehensive platform to researchers to put forth their ideas, share their experiences and network with their counterparts.

Co-ordinator OAC Kanya Mahavidyalaya Kharkhoda, Sonipat phinopol Kanya Mahasidyalaya Kharkhada, Soripat





Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat





Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

## National Seminar organised by Department of Hindi

महाविद्यालय में हिन्दी विभाग द्वारा 08 मार्च, 2019 को 'प्रयोजनमूलक हिंदी : प्रासंगिकता एवं उपादेयता' विषय पर एक दिवसीय राष्ट्रीय संगोष्ठी का आयोजन Directorate General of Higher Education (DGHE) के सहयोग से किया गया। श्री वेदप्रकाश दिहया जी, प्रधान कार्यकारिणी समिति ने संगोष्ठी की अध्यक्षता का भार वहन किया। संगोष्ठी का शुभारंभ श्रीमती मीनू सिंह, एडिशनल सिविल जज, खरखाँदा के कर कमलों द्वारा किया गया। प्रोफेसर पूरनचंद टंडन जी (हिन्दी विभाग, दिल्ली विश्वविद्यालय) ने बीज वक्ता एवं प्रोफेसर नरेश मिश्र जी (पूर्व प्रोफेसर, एम.डी.यू. रोहतक और हिरयाणा केन्द्रीय विश्वविद्यालय, महेन्द्रगढ़) ने विशिष्ट अतिथि के रूप में शिरकत की। उदघाटन सत्र में प्राचार्या डॉ. (श्रीमती) सुरेश बूरा जी ने पुष्पगुच्छ भेंट कर सभी का स्वागत किया और डॉ. गीता शर्मा जी एवं श्रीमती प्रमिला ने मंच संचालन किया। प्रथम एवं द्वितीय विचार सत्र की अध्यक्षता प्रो. नरेश मिश्र जी एवं श्री कुलदीप सहसचिव, कार्यकारिणी समिति द्वारा की गई। इसके साथ ही डॉ. बी.के गर्ग जी (प्राचार्य, हिंदू कालेज, सोनीपत), डॉ. संतोष मुद्गिल (पूर्व प्राचार्या, वैश्य आर्य कन्या महाविद्यालय, बहादुरगढ़), डॉ. विजय कुमार वेदालंकार, सोनीपत, विभिन्न विचार सत्रों में मुख्य अतिथि के तौर पर मौजूद रहे। संगोष्ठी में विभिन्न क्षेत्रों से आये 100 से अधिक शिक्षाविदों ने शोधपत्र प्रस्तुत किये। समापन सत्र में प्राचार्या जी ने धन्यवाद ज्ञापन करते हुए संगोष्ठी के सफल आयोजन करने में हिंदी विभाग के साथ—साथ संपूर्ण स्टाफ के योगदान की भी सराहना की। श्रीमती प्रमिला ने संगोष्ठी की Coordiantor की भूमिका निभाई।





#### Report of Two Day National Workshop Entitled

# "Application of MS Excel in Statistical Analysis" On 08-09.03.2019

A Two Day National Workshop on "Application of MS Excel in Statistical Analysis" organized by Department of Commerce, Kanya Mahavidyalaya Kharkhoda on 8-9 March2019. The workshop was sponsored by Higher Education Haryana. This workshop culminated with a learning experience and enriched the students in applying MS excel in wide range of practical situations and problems.

Ms. Meenu (Civil Judge Kharkhoda) inaugurated the event with lightening of lamp and congratulates the convener for such a unique and useful topic. On the first day of the workshop Dr. Asha Chawla, Associate Professor of GVM Girls College, Sonipat spoke on Spread Sheet Basics: Addressing (Absolute and Relative).

Second session was convened by Dr. Parmila, Assistant Professor K.M. Kharkhoda who enlightened the students regarding freezing pane, fill series, data validation, conditional formatting, paste special function etc. Dr. Sunita Arora, Associate Professor, Govt. College for Women Rohtak interacted with the participants in the third session of the day. She made the students learn about pivot table.

The workshop session continued with Dr. Namita Assistant Professor, K.M. Kharkhoda. She demonstrated the graphical presentation of data (Primary/secondary axis in charts, speedometer, dynamic charts etc.). She did every demonstration through projector and enriched the students.

Second day of the Workshop started on 9<sup>th</sup> March at 9.00 a.m. Fifth session was commenced by Dr. Preeti Sharma, Assistant Professor, Department of Commerce, MDU Rohtak. She handled the session on the topic of creating Google forms and handling of data saved in Google sheets. Google is an American multinational technology company that specializes in internet related services and products. She made aware the students regarding its services like Scheduling, Cloud Storage, Google Fiber etc.

In Sixth session Mrs. Meenakshi, Assistant Professor, KM Kharkhoda acted as resource person and enriched the students about preparing data files and descriptive statistics. Seventh session was started with Dr. Sushma, Assistant Professor KM Kharkhoda who inspired the students regarding research by telling them about Hypothesis testing, parametric tests etc.

In the concluding session Dr. Seema Malik, Assistant Professor, Department of Management & Commerce, BPSMV Khanpur Kalan, Sonipat gained the interest of the students by making them aware regarding Chi-square test, Mann Whitney, U test etc. She told how these tests are applicable in research.

In the valedictory session, Chief Guest Dr. Suresh Boora, Principal KM Kharkhoda congratulated the Commerce Department. Later on certificates were distributed to the students. More than 100 participants registered for the workshop on the opening day which includes 21 assistant professors and rest were research scholars and PG students from various states of India. The feedback of the workshop was outstanding and students felt themselves enriched in various topics.

Co-ordinator IQAC Kanya Mahavidyalaya

Kharkhoda, Sonipat

# Two Days National Workshop organised by Commerce Department on 8-9 March, 2019



















Parile Co-ordinator

IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

#### Kanya Mahavidyalaya, Kharkhoda District: Sonipat (Haryana)

#### Report of One Day National Conference On

"Enhancement of Quality in Higher Education: Role of IQAC" held on 9<sup>th</sup> November, 2019

A one day National level conference on "Enhancement of Quality in Higher Education: Role of IQAC" was organised at Kanya Mahavidyalaya, Kharkhoda, on 9<sup>th</sup> November 2019. 92 faculty members and academicians participated in the conference which was sponsored by National Assessment and Accreditation Council (NAAC), Bengalure. The conference discussed the various practices and technologies that can be deployed by Higher education institutions to enhance its services in teaching –learning and evaluation process as well as for accreditation purpose.

After lamp lighting before Goddess Saraswati One Day National Conference was commenced with the inaugural session where the Principal (Mrs) Dr Suresh Boora, delivered the welcome note. In technical session –I, Prof Madhukar B S, Former adviser and executive member of NAAC apprised about technicalities and modalities of newly introduced accreditation format. He also displayed with Ppts the difference in all the seven criterion of SSR in old and new format. This session was followed by second technical session which was graced by Dr. Pratibha Jolly, Former Principal of Miranda House College (University of Delhi) and member of NAAC gave a presentation on modifications in seven criterion of NAAC framework and also explained in detail the procedure and submission of IIQA & SSR. She also briefed regarding Academic Audit & Administrative Audit.



Kanya Mahavidyalaya

Kharkhoda, Sonipat



Welcome Note by Worthy Principal Dr. (Mrs) Suresh Boora



Kanya Mahavidyalaya

Kharkhoda, Sonipat

Speaker of Technical Session-I: Prof. B S Madhukar



Speaker of Technical Session-II: Dr. Pratibha Jolly

Third technical session was based on Matrix system and distribution of marks according to this matrix proportions. In this session Prof. Madhukar, again enriched the delegates regarding various calculations of points indicators in SSR and made easy the on-line submission process of SSR.



Kanya Mahavidyalaya

Kharkhoda, Sonipat

Speaker of Technical Session-III: Prof. B S Madhukar

Forth session was enlightened by Prof. Munish Garg, Director- IQAC, Maharshi Dayanand University, Rohtak in which he suggested various ways through which IQAC can bring desired changes in higher education institutions. He also made aware about the establishment of NAAC and IQAC. In his lecture, he stressed on the submission of AQAR and its timeline for the submission.



Speaker of Technical Session-IV: Prof. Munish Garg

The last session of the conference was open session in which delegates interacted with all resource persons and quenched their various queries. All the resource persons assured all help and cooperation to HEI's for their preparation in NAAC Accreditation.



**Open Session** 

Kanya Mahavidyalaya

Kharkhoda, Sonipat

In the end, Dr Parmila, IQAC Co-ordinator of parent college extended her heart felt gratitude to NAAC for the acceptance of their proposal and funding the one day National Conference. She also expressed her vote of thanks to all resource persons and delegates from different universities & colleges.



Vote of thanks by Dr. Parmila



Kanya Mahavidyalaya Kharkhoda, Sonipat

**Valedictory Session** 

#### **Certificate Distribution**





**Certificate Distribution** 

Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

#### Media Coverage

#### Amar Ujala Dated 10/11/19





Dainik Jagran Dated 11/11/19

Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

## International Webinar

## **O**n

# 'Stress Management Mechanisms in present scenario'

On 12-06-2020 One day International Webinar on the theme 'Stress Management Mechanisms in present scenario' was organised by the Departments of Commerce and Psychology. Dr Luxmi Budhwar from Birmingham, U.K. and Dr Neelam Rathi, Associate professor at GCG 11, Chandigarh were the key speakers at webinar.Dr. Luxmi Budhwar related to the main causes of stress and the coping strategies to relieve from it. Dr Neelam Rathi explained the mindfulness- its benefits and techniques.Dr. (Mrs) Suresh Boora welcomed everyone's presence and apprised about the relevance of the theme of webinar and said these days everyone is going through some sort of stress and we are fortunate enough that these things are talked and discussed about. She appreciated the efforts of conveners Dr Parmila, Dr Namita and Dr Seemant. 232 participants attended the webinar. Queries of participants were well taken up by the speakers.



# Kanya Mahavidyalaya Kharkhoda



NAAC Accredited 'A' Grade Affiliated to M.D.U Rohtak

presents

## INTERNATIONAL WEBINAR

"Stress Management Mechanisms in Present Scenario"



Chief Patron Sh. Ved Parkash Dahiya President, Governing Body Kanya Mahavadyalaya, Kharkhoda

Organised By: Department of Commerce Department of Psychology June 12, 2020

Time: 02:30 PM to 04:00 PM

E Platform: Google Meet





Dr. Laxmi Badhwar onsultant Clinical Psycologist National Health Service Birmingham



Dr. (Mrs.) Sweeth Boora Principal Kanya Mahavalyalaya, Kharkhoda



Dr. Neelam Rathi HOD, Deptt. of Psychology P G Govt. College for Girls ector 11, Chandigarh



# Convener

Registration Link: https://forms.gle/QUEwCurQVjmNZSpYC7



For any further queries at hodcom2020@gmail.com

Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

Kanya Mahavidyalaya Kharkhoda, Sonipat

#### Multidisciplinary National Webinar

#### entitled

# "Embracing change and transformation of women for Sustainable Development"

on 13.06.2020

On 13-06-2020 a One day multidisciplinary national webinar on the theme "Embracing change and transformation of women for Sustainable Development" was organised by college. Prof Anjana Garg, HOD, Department of Public Administration at MDU Rohtak and Dr (Mrs) Rajesh Hooda, incharge, Department of law at BPSMV, khanpur kalan were the speakers. Prof Anjana Garg delivered her talk on the topic ' Hindrances in the way of women's empowerment' in a mesmerising way. She discussed why women's progress is essential for the development of society and nation. Dr Rajesh Hooda delivered her talk on "Reflection over Intricacies and imperatives in the development of women: pre and post covid19". She reflected upon the factors hindering women's path of change and transformation. Principal Dr (Mrs) Suresh Boora welcomed everyone and summarised that women are the change agent for a country and are instrumental to make it going on the path of advancement .She lauded the efforts of conveners of webinar- Dr Parmila, Dr Namita, Dr Seemant. 285 participants attended webinar and few of them shared their experiences too to make it a meaningful platform.







# Kanya Mahavidyalaya Kharkhoda

NAAC Accredited 'A' Grade

Affiliated to M.D.U. Rohtak

presente

#### NATIONAL WEBINAR



Cheef Patron Sh. Vod Patrack Daktya President, Governing Body Kanya Maharidyaken, Kharkhosla

Organised By:
Department of English
in Collaboration with
Women Cell & Red Ribbon Club
June 13, 2020

E Platform: Google Meet

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Dr. Rajeth Floods his harge Department of Laws 1075ACV, Khanpez Kalan

Perfour Ariana Garg Department of Political Science 803 University, Bullitak

Conveners



Dr. Sermont Department of English Engo Mahorubyshop, Kharkboda

A

Department of Commons Kenya Maharatyalapa, Kharithoda



De Manuto Department of Commune Karps Maloredyniaps, Kharkhoda

Registration Link;

For any further queries at hodcom2020@gmail.com

Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

## National Webinar

## entitled

## "Recent Trends and Application of Fixed Point Theory"

on 19.06.2020

On 19-06-2020 a one day National webinar by Department of Mathematics on the theme - "Recent Trends and Application of Fixed Point Theory" was organised. Key speakers were:

- 1. Prof. Renu Chugh (Former Head, Dept . of Maths & Former Director Research M.D. University, Rohtak)
- 2 Associate Prof . P. P. Murthy (Head of Dept . of Pure and Applied Maths, Guru Ghasidas University, Bilaspur, Chattisgarh ). Both speakers elaborated on 'Fixed point theory'- its history and relevance. Principal Dr (Mrs) Suresh Boora welcomed the participants. Conveners of webinar Dr Sushma and Mrs Shalini thanked the speakers for their fruitful delivery of presentation. 172 participants participated the webinar

Kanya Mahavidyalaya

Principal lauded the efforts of conveners for successfully organising the event.

Co-ordinator IQAC

Kanya Mahavidyalaya Kharkhoda, Sonipat

#### KANYA MAHAVIDYALAYA KHARKHODA



#### NAAC Accredited 'A' Grade

(Affiliated to M.D.U. Rohtak)

presents



### NATIONAL WEBINAR

#### "Recent Trends and Applications of Fixed Point Theory"



Organized by: Department of Mathematics June 19,2020

E platform: Google Meet

Time: 11:00 AM to 01:00 PM



Chief Patron
Sh. Ved Parkash Dahiya
President, Governing Body
Kanya Mahavidyatava, Kahrishoda

#### Registration link:

https://forms.gle/RCgaqYFwFUNHmxpE6

Dr. (Mrs.) Suresh Boora Principal Kanya Mahavidyalaya,Kahrkhoda



#### KEYNOTE SPEAKERS

Professor Renu Chugh Former Head, Dept. of Maths & Former Director Research M.D. University, Rohtale

Associate Prof. P. P. Murthy Head of Dept. of Pure and Applied Maths

Guru Ghasidas University, Bilaspur



**Dr. Sushma** Dept. of Mathematics Kanya Mahavidyalaya kharkhoda



Conveners



Mrs. Shalini Dept. of Mathematics Kanya Mahavidyalaya kharkhoda

There will be no registration fee.

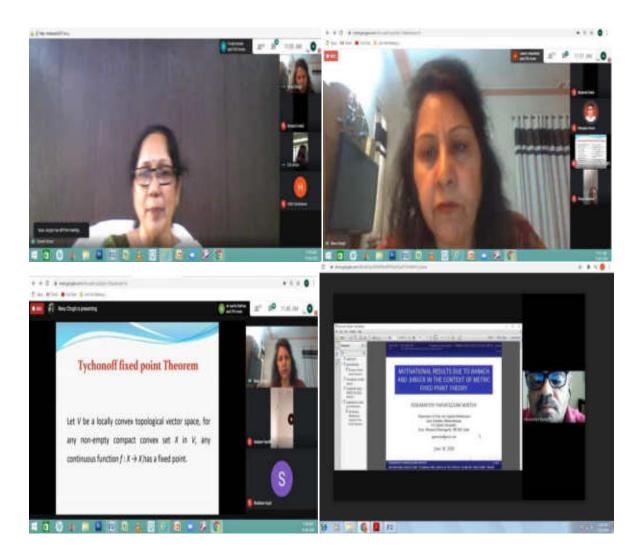
All participants will be provided e-certificate.

For any further queries

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at fixedpt2020@gmail.com

Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

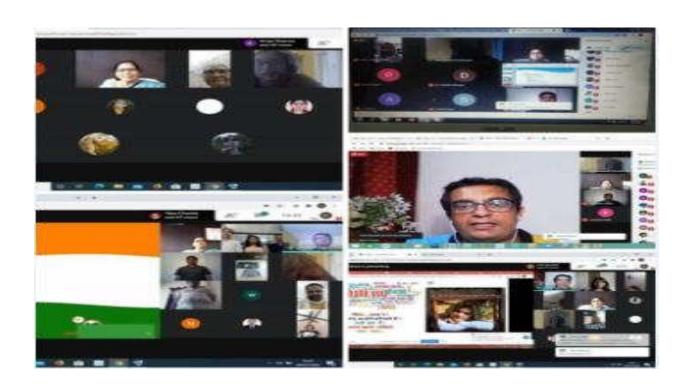


Co-ordinator IQAC Kanya Mahavidyalaya Kharkhoda, Sonipat

#### National level Workshop cum Webinar

On 03-07-2020 a National level workshop cum webinar on the theme 'Cultural Exploration of Telangana' was organised under 'Ek Bharat Shreshth Bharat' initiative of govt. of India. First Key speaker Mrs. Seemanpalli Chandrawati from Telangana elaborated on the Food, culture, attire, traditions and other aspects of state of Telangana in a beautiful way. Second key speaker Prof Ashish Dahiya (Department of Tourism and Hotel Management ,MDU Rohtak) on the other hand described the rich culture, history, cuisine, rituals and other distinctive features of state of Haryana with a very mesmerizing and fascinating way. Dr Surender Yadav (MDU, Rohtak) also furthered the comparative traits of both states in a significant manner. Principal Dr (Mrs) Suresh Boora thanked the speakers for their contribution and said it was great to listen to them and added that every part of India is unique in its way of having the peculiar features but the sense of Nationalism binds us together and promotes unity in diversity. Dr Yogita, convener of the workshop greeted the participants. Principal acknowledged the efforts of members of webinar team- Dr Parmila, Mrs poonam, Mr Sumit, Mr Ishwer and Mr Rajbeer.

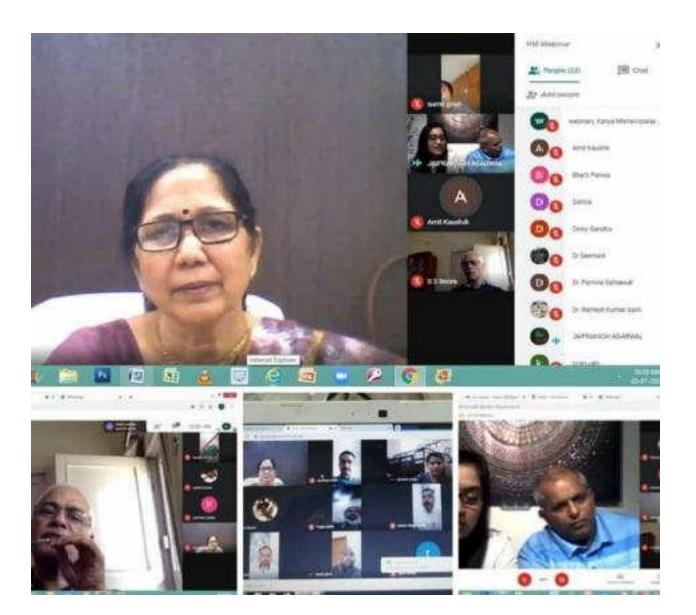






## International Webinar

On 04-07-2020 an International webinar on 'Tips for Excellent Customer Services and Start Up' was organised by Department of 'Catering Technology and Hotel Management'. Mrs Deepika Behra, Sh Rajendra Aggarwal and Sh jaiparkash all associated with Hotel Industry and the residents of USA and the successful entrepreneurs there, gave useful insights for different types of startups in the Hotel Industry and customer services. Prof Surjeet Boora (Department of Touristm Management, KUK) apprised in detail about career prospects in this industry. Dr Sandeep Malik( Director of Department of Touristm and Hotel Management) elaborated on the numerous jobs and start up ventures in the Hospitality Sector. Principal Dr (Mrs) Suresh Boora thanked the Speakers for taking their time off and for their wonderful presentations. She further added that such type of webinars are the need of the hour to exchange knowledge in the current scenario going on. Dr Yogita, convener of webinar welcomed all the participants and thanked for their presence. Principal lauded the efforts of other members of webinar team- Dr Parmila, Mrs Poonam, Mr Sumit, Mr Ishwer Mr Amit, Mr Parveen, and Mr Rajbeer for their productive contribution.





# International E- Workshop

## **Women Leadership Matters**



# Being organised by Kanya Mahavidyalaya, Kharkhoda

(NAAC Accredited 'A' Grade)

# in collaboration with Govt. College for Women, Gohana



## 13 October, 2020 at 9:30 AM



Dr. Jaswinder Singl Principal SGTB Khalsa College University of Delhi



Recognized by United Nations for Disaster Risk Reduction, Switzerland





Dr. Parmila Associate Professor KM. Kharkhoda

#### Conveners

Registration Link:

Google Meet

Meeting Link:

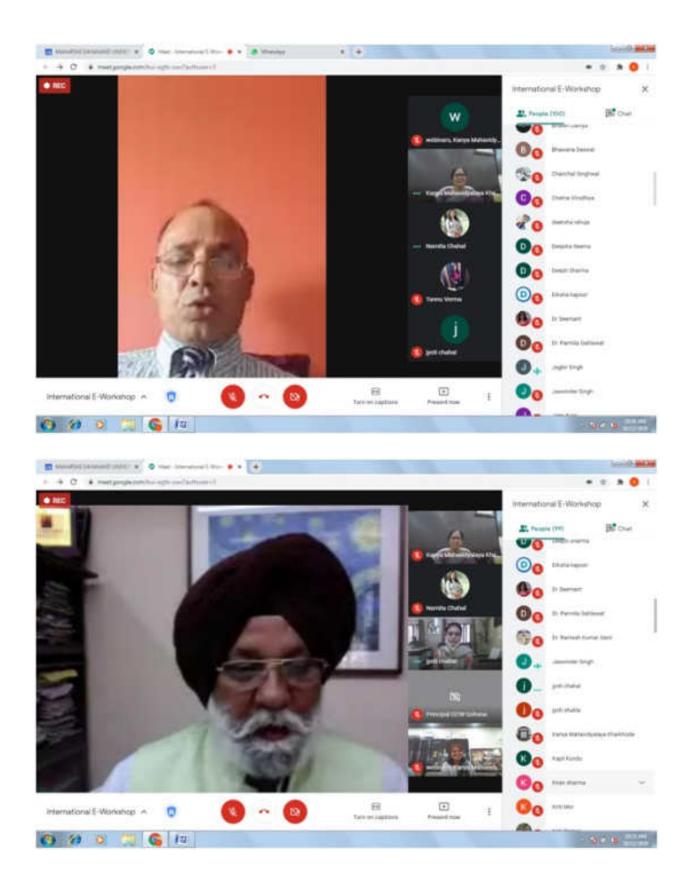


Dr. Jyoti Chahal Assistant Professor GCW, Gohana

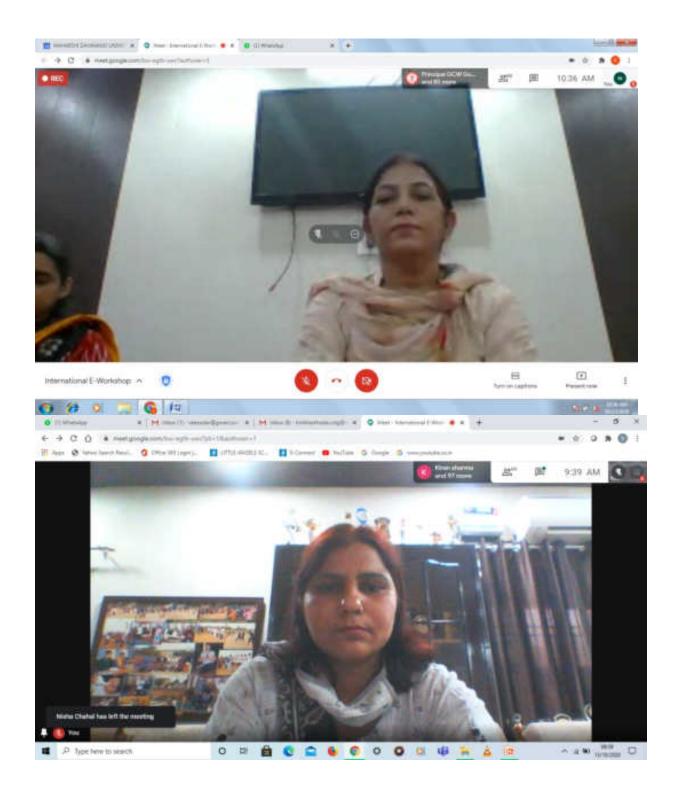
#### Report

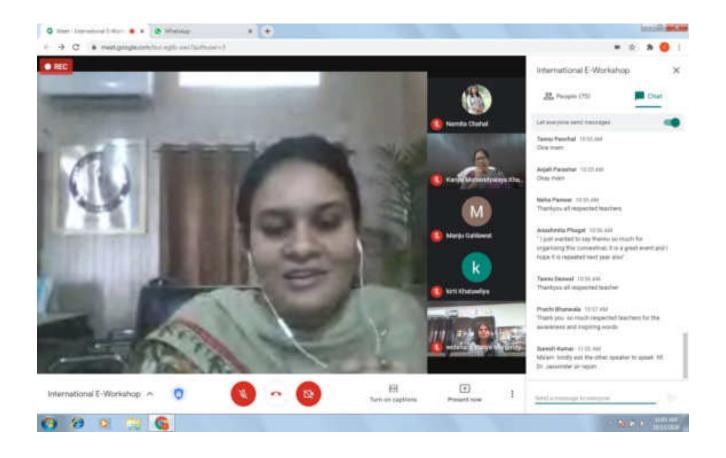
#### **International E-Workshop**

An international E- Workshop on theme "Women leadership matters" was organised by college in collaboration with Government College for women, Gohana today on 13-10 2020. Dr Jagbir Dahiya Associate Prof at Shardhanand college (Delhi University) was the first key speaker who elaborated on 'Taking precautionary measures in Disasters' and focused on how to take safeguards in case of different types of Disasters. Second speaker Dr Jaswinder Singh, Principal at SGBT college (Delhi University) discussed on 'Empowering Women for Sustainable Development' and added that women are still ignored for their right on resources and to empower woman is to give her right to make her own decisions impacting her and her family, only that will make her empowered. Principal Dr (Mrs) Suresh Boora thanked the guests and said that thoughts shared by Dr Jagbir Singh on the occasion of International Disaster Reduction Day for the mitigation of losses of lives in case of occurrence of Disasters and by Dr Jaswinder Singh advocating for the gender equality as the basis for the sustainable development of a nation from all sides are the topics that assume significance in the current situation. Dr Dinesh Singh, Principal (GCW, Gohana) also thanked the speakers and endorsed the views shared by them. Programme was organised under the aegis of Women cell of both the colleges. Dr Parmila, Dr Namita and Dr Jyoti contributed for the successful culmination of the E-Workshop.









## आधुनिक समय में हर क्षेत्र में पहचान बना रही नारी शक्ति : डॉ. सतविंद्र

संवाद न्यूज एजेंसी

खरखोदा। कन्या कतित्र खरखोदा व राजकीय महिला कॉलेज गोहाना के संयुक्त गत्कावधान में मंगानवार को अंतरराष्ट्रीय आपदा न्यूनीकरण दिवस का आयोजन किया गया। वेबिनार के माध्यम से दोनों ही कॉलेज के स्टाफ सदस्यों ने अपने-अपने विचार रखें।

कार्यशाला में प्राचार्य डॉ. सुरेश बुरा व राजकीय महिला कालेज गोहाना के प्राचार्य डॉ. दिनेश सिंह ने महिला नेतृत्व के मामलों पर विचार रखे। कार्यक्रम की अध्यक्षता दोनों कॉलेजों की महिला प्रकोच्ड प्रभारी डॉ. प्रमिला व डॉ. अ्थोति चहल ने की। मुख्य वक्ता डॉ. जगबीर संह व डॉ. जसविंद्र सिंह ने किया और कार्यशाला में करीब 100 अंतरराष्ट्रीय आपदा न्युनीकरण पर प्रतिभागियों ने भाग लिया।

विष्यार रखे । दिल्ली विश्वविद्यालय से हर्रे जगबीर सिंह ने आपदा प्रबंधन के येत्र में महिलाओं की विश्वरता को लेकर बात की। उन्होंने कहा कि आपदा काल में समय-समय पर नारी की धूमिका अग्रणी रही है। उसमें बेजोड नेतृत्व की श्वमता होने के साथ ही समान की जोड़कर कार्य सिद्धि प्राप्त करने की क्षमता केवल महिलाओं में ही देखी जा सकती है।

डॉ. सतिबंद सिंह ने कहा कि आधुनिक समय में नारी शक्ति हर क्षेत्र में अपनी पहचान बना रही है। इसना ही नहीं महिलाएं समाज को भी बेहतर दशा व दिशा में लाने का प्रयास कर रही हैं। कार्यक्रम का संचालन डॉ. निमता ने

14 अबद्वर 2020 (आगर उजाला )

#### समाज में महिलाओं की नेतत्व की क्षमता पर चर्चा

खरखौदा : कन्या कालेज में मंगलवार को राजकीय महिला कालेज गोहाना के संयुक्त तत्वाधान में अंतरराष्ट्रीय आपदा न्युनीकरण दिवस का आयोजन किया गया। वेबिनार के माध्यम से दोनों ही कालेज के स्टाफ सदस्यों ने अपने बातों को इस दौरान प्रस्तुत किया। इस अंतरराष्ट्रीय कार्यशाला के दौरान कन्या कालेज प्राचार्य डा . सुरेश बूरा व राजकीय महिला कालेज, गोहाना प्राचार्य हा . दिनेश सिंह ने महिला नेतृत्व के मामलों पर अपने-अपने विचार रखे। कार्यक्रम की अध्यक्षता दोनों कालेजों की महिला प्रकोध्ठ प्रभारी डा , प्रमिला व डा. ज्योति वहल द्वारा की गई। मुख्य वक्ता के रूप में हा , जगबीर सिंह व डा., जसविंद्र सिंह ने विवार रखे । दिल्ली विश्वविद्यालय से डा जगवीर सिंह ने आपदा प्रबंधन के क्षेत्र में महिलाओं की स्विरता को लेकर बात की। उन्होंने कहा कि आपदा काल में समय-समय पर नारी की भूमिका अग्रणी रही है। उसमें बेजोड नेतृत्व की क्षमता होने के साथ ही समाज को जोडकर कार्यसिद्धी प्राप्त करने की क्षमता केवल महिलाओं में ही देखी जा सकती है। आयोजित कार्यक्रम का संचालन डा. नमिता ने किया। (शंश

# ई-कार्यशाला के माध्यम से आपदा के प्रति जागरूक किया

संवाद सहयोगी. गोहाना : गोहाना के आनलाइन जुड़े और आपदा प्रबंधन कन्या पीजो कालेज व खरखौदा के व महिलाओं के अधिकारों के प्रति कन्या कालेज की महिला प्रकोष्ठ हारा इं-कार्यशाला का आयोजन किया। ई-कार्यशाला में विभिन्न विषयों पर चर्चा हुई। ई-कार्याशाला का शुभारंभ गोहाना कॉलेज के प्राचार्य दिनेश कमार व खरखौदा कालेज के प्राचार्य सरेश बरा ने किया। मुख्य अतिथि के रूप में सर्वेक्त राष्ट्र आपदा न्यूनीकरण के एसोसिएट प्रोफेसर डा. जगबीर सिंह व श्री गुरु तेग बहादुर खालसा कॉलेज के प्राचार्य डॉ. जसविदर सिंह

जागरूक किया। डा. जगबीर सिंह ने कहा कि प्राकृतिक आपदाएं कभी भी आ सकती हैं। उनसे बचने के लिए सदैव तैयार रहना चाहिए। डा. जसविंदर सिंह ने कहा कि महिलाओं के संपूर्ण विकास के लिए पुरुषों को अपनी सोच बदलनी होगी। कार्यक्रम का संयोजन गोहाना पीजी कालेज की महिला प्रकोष्ठ की प्रभारी डा. ज्योति चहल ने किया। डा. प्रोमिला, डा. नयित, पर्ल आदि ने सहयोग दिया।

14 अबद्बर 2020 (देविक जागरा)