

Kanya Mahavidyalaya, Kharkhoda (Sonepat)

Lesson Plan Session 2020-21

Name of the Assistant/Associate Professor : REENU
Class and Section: BA
Subject PSYCHOLOGY
Paper : PSYCHOPATHALOGY
Year/Semester: 5th sem

06 Oct. 2020 to 05 Nov. 2020

Month/Week	Topic
October (Week-2)	Concept of normality and abnormality .
October (Week-3)	Models of Psychopathology ; Psychodynamic , Behavioural and Cognitive .
October (Week-4)	Class Test – concept of normality and abnormality
November (Week-1)	PPT on models of Psychopathology

06 Nov. 2020 to 05 Dec. 2020

Month/Week	Topic
November (Week-2)	Classification of Psychopathology ; Need for classification , DSM system .
November (Week-3)	Diagonstic Assessment ; Case history , Interview , Projective techniques .
November (Week-4)	PRACTICAL – CAQ , WAT
December (Week-1)	Class test – Need for classification ,DSM System .

06 Dec. 2020 to 05 Jan. 2021

Month/Week	Topic
December (Week-2)	PPT ON Diagnostic Assessment ; Case history , Interview , and projective techniques .
December (Week-3)	Anxiety Based Disorders ; GAD , OCD , and P
December (Week-4)	
January (Week-1)	

05 Jan. 2021 to 06 Feb. 2021

Month/Week	Topic
January (Week-2)	
January (Week-3)	
January (Week-4)	
February (Week-1)	

06 Feb. 2021 to 25 Feb. 2021

Month/Week	Topic
February (Week-2)	
February (Week-3)	
February (Week-4)	

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Lesson Plan Session 2020-21

Name of the Assistant/Associate Professor: Reenu
Class and Section: BA
Subject: Psychology
Paper: Applied Psychology
Year/Semester: 6th sem.

16 March 2021 to 15 April 2021

Month/Week	Topic
March(Week-3)	Applied Psychology : Meaning , History , fields and careers in psychology.
March(Week-4)	Organisational Psychology : Nature, scope ,objectives, and development.
April (Week-1)	Revision class test of applied psychology meaning and history. Fields and careers in psychology.
April (Week-2)	Assignment presentation on applied psychology ,and organisational psychology nature, scope, objectives, and development.

16 April 2021 to 15 May 2021

Month/Week	Topic
April (Week-3)	Guidance: Objectives ,principles , types of guidance ,organisation of guidance programme.
April (Week-4)	Practical-Aptitude Scale ,Stress Scale .
May(Week-1)	Counselling : Need , Principles , Special areas , and Types of Counselling.

May (Week-2)	Practical -. Counselling Need Scale , Job Satisfaction.
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16 May 2021 to 15 June. 2021

Month/Week	Topic
May (Week-3)	PPT On : counselling need, principles ,special areas ,and types of counselling.
May (Week-4)	Health Psychology : Meaning, scope and Objectives Concept of health and illness.
June (Week-1)	Psychological factors in physical illness , Life Style and health , Stress and coping.
June (Week-2)	

16 June 2021 to 06 July 2021

Month/Week	Topic
June (Week-3)	Practical- Copying Style /Wellbeing Scale .
June (Week-4)	Forensic Psychology: Psychology and law , Eyewitness Memory; Accuracy and improvement.
July (Week-1)	Statistics Correlation - Meaning Rank difference and ,Product moment method.