

Kanya Mahavidyalaya, Kharkhoda (Sonepat)

Lesson Plan Session 2020-21

Name of the Assistant/Associate Professor : REENU
Class and Section: BA
Subject PSYCHOLOGY
Paper : Socail Psychology
Year/Semester: 3rd sem

06 Oct. 2020 to 05 Nov. 2020

Month/Week	Topic
October (Week-2)	Introduction ;Nature, subject matter , Sociometric method .
October (Week-3)	Socialization ; Nature , Process and Agents of Socialization .
October (Week-4)	Practical – Sociometry , Leadership Style .
November (Week-1)	Group ; Types and functions ; Social Norms; Meaning Characteristics and formation .

06 Nov. 2020 to 05 Dec. 2020

Month/Week	Topic
November (Week-2)	Leadership ; Types, Function, Theories- Trait , Situational , and Interactional.
November (Week-3)	Class Test – Social Norms ,Group ; types and function , formation of social norms.
November (Week-4)	Attitude; Characteristics , Development and Attitude change.
December (Week-1)	Prejudice ; Nature , Developments and Stereotypes.

06 Dec. 2020 to 05 Jan. 2021

Month/Week	Topic
December (Week-2)	Class test - Attitudes ; characteristics , developments and attitude change.
December (Week-3)	PPT – PPT of Prejudice development and Stereotypes.
December (Week-4)	PRACTICAL – Measurement of Attitude , Prejudice Scale .
January (Week-1)	Prosocial Behaviour ; Nature , Determinants , Cognitive Model.

05 Jan. 2021 to 06 Feb. 2021

Month/Week	Topic
January (Week-2)	Aggression ; Nature ,Determinants and prevention .
January (Week-3)	CLASS TEST -Nature of prosocial behavior, Determinants of Prosocial behavior , Cognitive model.
January (Week-4)	Aggression ; Nature of aggression , determinants and prevention of aggression .
February (Week-1)	PRACTICAL – Altruism Scale , Prejudice Scale .

06 Feb. 2021 to 25 Feb. 2021

Month/Week	Topic
February (Week-2)	Revision test of full syllabus
February (Week-3)	Revision of all practical .
February (Week-4)	

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Lesson Plan Session 2020-21

Name of the Assistant/Associate Professor: Reenu
Class and Section: BA
Subject: Psychology
Paper: Developmental Psychology
Year/Semester: 4 th sem

16 March 2021 to 15 April 2021

Month/Week	Topic
March(Week-3)	Human Developmental: Concept and principles.
March(Week-4)	Factors in human development , social and cultural.
April (Week-1)	Assignment presentation: on factors in human development biological and social cultural.
April (Week-2)	Parental development, determinants and stages.

16 April 2021 to 15 May 2021

Month/Week	Topic
April (Week-3)	Infancy :characteristics, hazards and adjustment.
April (Week-4)	Practical - Parents Child Relationship , Self Concept .
May(Week-1)	Childhood: characteristics, Perceptual ,Motor, Emotional ,Cognitive Development .
May (Week-2)	Class test for unit 2 -Infancy :characteristics, hazards and adjustment. Parental development ,determinants and stages.

16 May 2021 to 15 June. 2021

Month/Week	Topic
May (Week-3)	Practicals -Emotional Maturity Scale , Cognitive Development
May (Week-4)	Adoloscents : Characteristics and problems of of adoloscencents and adjustment.
June (Week-1)	Practicals -Youth Problem Inventory , Self Esteem Inventory.
June (Week-2)	Unit IV - Adulthood: Early Adulthood , late adulthood and aging - changing patterns and problems.

16 June 2021 to 06 July 2021

Month/Week	Topic
June (Week-3)	Measurers of variability : Quartile deviation , Standard deviation.
June (Week-4)	Class revision test of Quartile deviation and standard deviation.
July (Week-1)	Revision test of full syllabus .