

Kanya Mahavidyalaya, Kharkhoda (Sonepat)

Lesson Plan Session 2020-21

Name of the Assistant/Associate Professor :REENU
Class and Section: BA
Subject PSYCHOLOGY
Paper :INTRODUCTION TO PSYCHOLOGY
Year/Semester: 1ST

06 Oct. 2020 to 05 Nov. 2020

Month/Week	Topic
October (Week-2)	Psychology history, Emergence as science; subject matter.
October (Week-3)	Methods of Psychology; Experimental, Observation, Survey.
October (Week-4)	Practical –EPQ/EPI , STUDY OF EMOTIONS,
November (Week-1)	Class test -History of Psychology, Observation, Experimental ,Survey methods.

06 Nov. 2020 to 05 Dec. 2020

Month/Week	Topic
November (Week-2)	Sensory Processes ; Visual, Auditory –Structure and Functions of Eye and Ear.
November (Week-3)	Perception; Nature , Perception of form –Figure and ground , Perceptual Organization ,Depth Perception –cues.
November (Week-4)	Practical's -Verbal Test of Intelligence, Performance Test of Intelligence /RPM.
December (Week-1)	Emotion; Nature, Bodily changes .Theories of Emotion ; James-Lange, Cannon-Bard and Schechter –Singer.

06 Dec. 2020 to 05 Jan. 2021

Month/Week	Topic
December (Week-2)	Motivation ; Nature, Biological and Psychological Motives.
December (Week-3)	One Week Counseling Sessions
December (Week-4)	Practical's -Observation Speed and Accuracy , Test of Motivation
January (Week-1)	Class test –Emotion Nature ; Bodily changes, Theories of Emotion ; James –Lange, Cannon-Bard.

05 Jan. 2021 to 06 Feb. 2021

Month/Week	Topic
January (Week-2)	Personality; Nature , Determinants of personality ,Type and Trait and approach.
January (Week-3)	Intelligence ; Nature , Theories; Spearman, Turnstone, and Cattell.
January (Week-4)	Essential Lecture of Psychology Topic Motivation.
February (Week-1)	Class Test – Personality, Determinants of Personality , Type and Trait approach . Intelligence ; Theories ; Spearman ,Thurston , and Cattell.

06 Feb. 2021 to 25 Feb. 2021

Month/Week	Topic
February (Week-2)	Class Revision tests
February (Week-3)	Practical Revision
February (Week-4)	

Kanya Mahavidyalaya, Kharkhoda (Sonepat)

Lesson Plan Session 2020-21

Name of the Assistant/Associate Professor: REENU
Class and Section: BA
Subject: PSYCHOLOGY
Paper: EXPERIMENTAL PSYCHOLOGY
Year/Semester: 2

16 March 2021 to 15 April 2021

Month/Week	Topic
March(Week-3)	Attention; Nature , Characteristics , and types.
March(Week-4)	Psychophysics ; Problems of Psychophysics and Methods [Classical].
April (Week-1)	PRACTICAL- Span of Attention , AL by methods of constant stimuli .
April (Week-2)	Learning; Definition , Factors affecting , Trial and error learning ,

16 April 2021 to 15 May 2021

Month/Week	Topic
April (Week-3)	Class Test – problems of psychophysics and Methods ,Attention-Nature, characteristics , and types .
April (Week-4)	Insight learning , Classical and Operant conditioning .
May(Week-1)	Assignment Work – Class Presentation on Insight Learning .
May (Week-2)	Memory; Definition , stages , STM and LTM – Methods to study Memory .

16 May 2021 to 15 June. 2021

Month/Week	Topic
May (Week-3)	Forgetting ; Factors leading . Classical and Operant conditioning , Pneomonics .
May (Week-4)	Practical – Experiment on LTM , Experiments on STM .
June (Week-1)	Problem Solving ; Stages of problem solving , Convergent and Divergent thinking .
June (Week-2)	Statistics ; Frequency Distribution , Grapgical presentation of data , Measures of central tendencies .

16 June 2021 to 06 July 2021

Month/Week	Topic
June (Week-3)	Practical – Muller –Lyre Illusion , Problem Solving
June (Week-4)	Class test – Stages of Problem solving , Convergent and Divergent thinking .
July (Week-1)	Revision test of full syllabus .