

DETAIL OF ACTIVITIES UNDER NSS CELL

S.NO.	DATE	ACTIVITY	PURPOSE
1	18 th July 2018	Enrolment drive was conducted in the month of July and enrolled 200 volunteers (unit I & II) for the year 2018-19 and Orientation program was organized to orient the newcomers.	To provide a platform for the interested students to join in social work during their free time.
2	30 th July 2018	Tree plantation program was organized at the college campus. Staff members and NSS Volunteers (unit I & II) attended the tree plantation programme and planted saplings all around the college.	To improve the quality of the natural environment and fight climate change
3	10 th August 2018	International youth day (12 th August 208) was celebrated. Extension lecture of Dr. Anurita (Assistant Professor of Hindi) was organized to address students on the theme of International youth day 2018 – “Safe Space for Youth”. Poster making competition was also organized.	To raise awareness of the challenges and problems faced by the world’s youth.
4	24 th September 2018	<ul style="list-style-type: none"> • NSS volunteers (unit I & II) took out a rally to highlight the pollution caused by non-biodegradable plastic products. • Staff members and students took the pledge to use less plastic. • Essay writing and speech competition was organized on the topic -”Say No To Plastic” 	To educate the residents, road users and shop-keepers in local areas near college about the hazards of plastic. The students stressed the need for switching to cloth bags instead of plastic bags.
5	28 th September 2018	State- level Slogan Writing, Rangoli, Collage Making and Poster Making competitions were organized in collaboration with Women Cell and Legal Literacy Cell.	To offer enriching experiences and assist students in exploring and exhibiting their capabilities in different fields.

6	06 th October 2018	<p align="center"><u>Gandhi Jayanti Celebration</u></p> <ul style="list-style-type: none"> • Lecture on Moral values by College Principal Dr.(Mrs.) Suresh Boora • Speech by students on Mahatma Gandhi and his philosophies. 	<ul style="list-style-type: none"> • To honour Gandhi ji and his thoughts. • To make students aware about preaching of Gandhi ji.
7	10 th October 2018	<ul style="list-style-type: none"> • Poster making and slogan writing competition on the topic stop burning crop residues 	<ul style="list-style-type: none"> • To raise awareness among students about disadvantages of burning crop residues.
8	28 th October 2018 to 3 rd November 2018	NSS Special Seven Days Camp	<ul style="list-style-type: none"> • To aware and educate volunteers regarding various social issues. To make local people aware about various issues such as traffic rules, pollution, gender equality, healthy life etc.
9		<p align="center"><u>World AIDS Day</u></p> <ul style="list-style-type: none"> • Extension lecture by Mrs. Geeta,Asst. Prof., Tika Ram Girls College(Sonepat) on HIV/AIDS. • Speech and Poem recitation by students. 	<ul style="list-style-type: none"> • To raise awareness regarding HIV/AIDS among Students.

DETAILS OF ACTIVITIES OF SEVEN DAYS N.S.S. CAMP

S.NO.	DATE	ACTIVITY	PURPOSE
1	28 th October 2018	<ul style="list-style-type: none"> • Inauguration of Camp by president of Management committee of college Sh. Vedprakash dahiya and Principal Dr. (Mrs.) Suresh Boora. • Members of Management committee, staff and students planted saplings in the college campus. • Lecture on “Cashless transaction and Digital India” by Dr. Parmila, dept of commerce, KMK in the evening session. • Short film “I Am Kalam” was shown to students after lecture. 	<ul style="list-style-type: none"> • To educate volunteers about eco-friendly environment. • To empower volunteers digitally and motivate them for non-cash transactions. • To motivate volunteers about dreaming high and making something meaningful out of their life.
2	29 th October 2018	<ul style="list-style-type: none"> • Lecture on Moral values and positive thinking by Dr. Vedprakash Sheoran(Retd. Principal,P.G. Govt. College Rohtak) • Interactive talk by Mr. Sukhbir Singh on adoption of organic farming. • Skit on “Beti Bachao Beti Pdhao” by volunteers. • Sports activities were organized in evening session. 	<ul style="list-style-type: none"> • To help people lead a disciplined life • To create awareness regarding organic farming among volunteers. • To build team spirit and confidence in volunteers
3	30 th October 2018	<ul style="list-style-type: none"> • Lecture on protection of children from sexual offenses by Mrs Upasana Saini. • Rally by volunteers on “Say no to Plastic”. • Lecture by Mr. Sanjay Jain, CMO, Khanpur medical college on First Aid and Home Nursing. • Skit by students on adulteration in milk and milk products. 	<ul style="list-style-type: none"> • To educate volunteers about sexual abuses and POSCO Act 2012. • <i>To know about immediate care you should provide when a person is injured.</i> • To educate people about environment and healthy food.
4	31 st October 2018	<ul style="list-style-type: none"> • Field visit to an Organic Farm Greenhouse. • Lecture by Sh. Jasbir Dhankhad on producing manure from vegetable and fruits leftovers. • Rally for “stop burning crop residues” • Cleaning activity in Village. 	<ul style="list-style-type: none"> • To create awareness of health risks of food grown with chemicals and benefits of organically grown food. • To educate local people about

			disadvantages of burning crop residues.
5	1 st November 2018	<ul style="list-style-type: none"> Lecture by Mrs Murti Malik, BPSMV(Khanpur) on pollution and save environment. Lecture by Sh. Ranbir Gulia, MDU(Rohtak) on Moral values. Awareness campaign by students for villagers regarding Traffic Rules. 	<ul style="list-style-type: none"> To make local people and volunteers aware about environmental issues, traffic rules and moral values.
6	2 nd November 2018	<ul style="list-style-type: none"> Training on First Aid and Nursing by Sh. Dharamvir Dahiya. Extension lecture on “Beti Bachao Beti Pdhao” by Miss Parvesh. Awareness Campaign by volunteers on say no to crackers and Chinese products. 	<ul style="list-style-type: none"> To assist an injured or ill person during an emergency situation until medical service arrives. For creating awareness regarding social issues. To encourage local people to not burst crackers for controlling air and noise pollution.
7	3 rd November 2018	<ul style="list-style-type: none"> Lecture on “Beauty and wellness” by Mrs. Rinki Closing ceremony was held wherein various cultural activities were performed by volunteers. Motivational lecture by Chief guest, Miss shweta suhag, SDM (Kharkhoda). 	<ul style="list-style-type: none"> To tell volunteers about the importance of self care and healthy life style. To motivate volunteers to dream high and make best of their life.

“NOT ME BUT YOU”